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## Resuscitation Symposium 2020 - Webinar!

Recent advances in resuscitation and lessons from Covid-19 organised by Infomed Research and Training, on Wednesday 1 and Thursday 2 July 2020



#### **FACULTY INCLUDES**

**Dr Martin Dachsel**, Consultant in Acute Medicine, Surrey and Sussex Healthcare NHS Trust

**Dr Marcus Peck**, Consultant in Intensive Care Medicine, Frimley Park Hospital

**Dr Laura Hunter**, Consultant in Emergency Medicine, St Thomas' Hospital, London

**Dr Andrew Leitch,** Consultant in Intensive Care and Anaesthesia. Barts Health NHS Trust, London.

**Dr Mamoun Abu-Habsa**, Consultant in Critical Care and Emergency Medicine, Barts Health NHS Trust

**Dr Richard Carden**, Consultant in Emergency Medicine and a PhD Candidate in Trauma Sciences, Barts Health NHS Trust

**Dr Gareth Scholey,** Consultant in Intensive Care Medicine, University Hospital of Wales

**Dr Lucy Bingham**, Consultant in Emergency Medicine, Imperial NHS Trust

**Dr Chris Edge**, Consultant Anaesthetist, Royal Berkshire Hospital

**Dr Michael Obiako**, Consultant in Emergency Medicine, Prince Charles Hospital, Merthyr Tydfil

#### WHAT PAST DELEGATES SAID

- ☑ Good expert talks aimed to be practical, good summary of evidence
- ☑ Excellent multispecialty Faculty: very knowledgeable
- ☑ Good overview of wide range topics and Q&A
- ☑ Excellent content/speakers and lots of short topics
- Knowledgeable and accessible speakers. Focus on non-trauma subject.
- ☑ Gives me great confidence treating septic at ED
- ☑ As from today will change my daily practice

## **WEBINAR TARGET AUDIENCE AND FOCUS**

This Webinar is designed for Emergency Physicians, Acute Physicians, Anaesthetists and Intensivists. It is pitched at a level suitable for Consultants and senior trainees in all areas of acute care.

#### **ABOUT THE WEBINAR**

The programme has been expanded to cover where relevant issues and lessons from COVID-19.

The sessions address topics highly relevant to the front-line clinician, with a clear focus on the evidence base and the practical implications for day-to-day clinical practice – simple facts to make big changes.

The 2020 programme builds on the success of *Resuscitation Symposium 2018/19* and the feedback and suggestions from delegates. The contribution made to the new programme by a number of Consultant Emergency Physicians and Intensivists under the direction of Prof Tim Harris, is acknowledged.

By the end of the Webinar, you will have a comprehensive understanding of recent advances in resuscitation medicine and be up to date with new/recent research evidence (and the implications for practice); the course will certainly give you greater confidence in your practice in relation to resuscitation and will help you identify areas of practice that need to be changed or reviewed.

## **DAY 1: WED 1 JULY 2020**

09.00 – 09.50 Delegates start connecting to Webinar

09.50 – 10.00 Welcome and webinar system demonstration

10.00 - 10.50

# Resuscitation end points – how to recognise shock and guide resuscitation in the ED

#### Dr Martin Dachsel,

Consultant in Acute Medicine, Surrey and Sussex Healthcare NHS Trust

- What is shock?
- What is resuscitation?
- Who needs resuscitation?
- Can we change outcomes?
- How do we assess the adequacy of resuscitation?
- Lactate clearance

10.50 - 11.40

## Echo guided diagnosis and fluid resuscitation in shock

#### Dr Marcus Peck,

Consultant in Intensive Care Medicine, Frimley Park Hospital

- The role of echo in identifying LV function
- Echo guided fluid responsiveness
- · Echo guided assessment of filling pressures

#### 11.40 – 12.10 **Tea and coffee break**

12.10 - 12.50

## Venous gas: All we need?

## Dr Richard Carden,

Consultant in Emergency Medicine, Barts Health NHS Trust

- The difference between arterial and venous pH, CO2, bicarbonate and lactate
- How to interpret venous CO2 and lactate

12.50 – 13.40 **Lunch** 

13.40 – 14.10

## Acid-base disturbances: How best to assess in the ED

## Dr Lucy Bingham,

Consultant in Emergency Medicine, Imperial NHS Trust

- Different interpretation methodologies
- · Using blood gas analysis as risk stratification

14.10 - 14.40

# Which fluids should I use in resuscitation of non-trauma patients?

#### Dr Gareth Scholey,

Consultant in Intensive Care Medicine, University Hospital of Wales

- Is there a place for colloids in the ED?
- Plasmalyte, Saline, Hartmanns or Dextrose are all crystalloids equal?
- What is the effect of differing crystalloids on acid-base disturbance?

14.40 - 15.10

## The role of blood and blood products in resuscitation

## Dr Gareth Scholey,

Consultant in Intensive Care Medicine, University Hospital of Wales

- Should we have a massive transfusion protocol for all significant bleeds?
- FFP as the first resuscitation fluid in all bleeding patients?
- 20 mlkg crystalloid then blood?

**15.10 – 15.30 Tea and coffee break** 

15.30 - 16.10

## PE and resuscitation

#### Dr Richard Carden,

Consultant in Emergency Medicine, Barts Health NHS Trust

16 10 - 16 40

# Resuscitation of the high-risk anaesthetic patient in the ED

#### Dr Chris Edge, TBC

Consultant Anaesthetist, Royal Berkshire Hospital

16.40 - 17.10

#### Clinical case scenarios

17.15 **Close** 

## **DAY 2: THU 2 JULY 2020**

08.45 - 09.20 Delegates start connecting to Webinar

09.20 - 09.30 Welcome

09.30 - 09.50

# Resuscitation in severe sepsis and septic shock

#### Dr Andrew Leitch.

Consultant in Intensive Care and Anaesthesia, Barts Health NHS Trust, London

- What is current best practice?
- What is new since the surviving sepsis campaign quidelines?
- Lessons from the Covid-19 outbreak.

09.50 - 10.30

## Resuscitation in cardiogenic shock

#### Dr Bernard Foëx,

Consultant in Emergency Medicine and Critical Care, Manchester Royal Infirmary

- Drug treatment: is levosimendan the drug of the future?
- Mechanical circulatory support: intra-aortic balloon counter pulsation or ventricular assist devices?

10.30 - 11.15

## **Trauma Resus**

#### Dr Michael Obiako,

Consultant in Emergency Medicine, Prince Charles Hospital, Merthyr Tydfil

## 11.15 – 11.45 **Tea and coffee break**

11.45 - 12.30

## Resuscitation in GI haemorrhage

#### Dr Bernard Foëx,

Consultant in Emergency Medicine and Critical Care, Manchester Royal Infirmary

- Should you use PPIs and Tranexamic acid?
- What is an adequate Hb?
- When is an endoscopy needed?

12.30 -14.00 Lunch

14.00 - 14.45

#### **Toxicology**

#### Dr Laura Hunter,

Consultant in Emergency Medicine, St Thomas' Hospital, London

- ECLS in poisoning
- Extra-corporeal removal techniques
- Hyperthermic toxidromes: hot, bothered and dead
- Any lessons from Covid-19?

14.45 - 15.15

#### **Cardiac arrest:**

## How do we improve outcome?

#### Dr Mamoun Abu-Habsa,

Consultant in Critical Care and Emergency Medicine, Barts Health NHS Trust

- Q-CPR?
- ECLS
- Post resuscitation bundles

**15.15 – 15.30 Tea and coffee break** 

15.30 - 16.00

## Advanced heart failure therapy

#### Dr Mamoun Abu-Habsa,

Consultant in Critical Care and Emergency Medicine, Barts Health NHS Trust

- Medical therapy
- Mechanical support
- Role of imaging

16.00 - 16.30

## **Update on COVID-19 and case scenarios**

16.306 **Close**