

Building on the success of the last twelve years

Practical Paediatrics Update

A practical update for Paediatricians on managing day-to-day common outpatient and ward clinical dilemmas and issues

organised by **Infomed Research and Training Limited** on **Thursday 13 and Friday 14 June 2019**, at the Park Plaza County Hall Hotel, 1 Addington Street, London SE1 7RY [south side of Westminster Bridge]

RCPCH has approved this activity for CPD in accordance with the current RCPCH CPD Guidelines.

Faculty includes:

- **Mr Simon Blackburn**, Consultant in Paediatric Surgery, **GOSH, London**
- **Dr Alasdair Bamford**, Consultant in Paediatric Infectious Diseases, **GOSH, London**
- **Dr Alexandra Santos**, Senior Clinical Lecturer & Hon Consultant in Paediatric Allergy, **GSST, London**
- **Dr Trevor Richens**, Consultant in Congenital Heart Disease, **University Hospital Southampton**
- **Dr Simon Hannam**, Head of Neonatal Services and Consultant Neonatologist, **GOSH, London**
- **Dr Osvaldo Borrelli**, Consultant in Paediatric Gastroenterology, **GOSH, London**
- **Dr Amaka Offiah**, Consultant Paediatric Radiologist, **University of Sheffield & Sheffield Children's Hospital**
- **Dr Chinedu Nwokoro**, Consultant Respiratory Paediatrician, **Barts Health NHS Trust**
- **Dr Flora McErlane**, Consultant in Paediatric Rheumatology, **Newcastle upon Tyne Hospitals NHS Foundation Trust**
- **Dr Spyros Batzios**, Consultant in Paediatric Metabolic Medicine, **GOSH, London**
- **Dr Stephen Marks**, Consultant Paediatric Nephrologist, **GOSH, London**
- **Dr Rahul Singh**, Consultant Paediatric Neurologist, **Evelina Children's Hospital, London**
- **Dr Sandy Alatzoglou**, Consultant in Paediatric Endocrinology, **Chelsea and Westminster Hospital, London**
- **Dr William Mandy**, Clinical Psychologist, **UCL and GOSH, London**
- **Dr Sally Old**, MDU Services Limited

About the conference:

- To provide the busy Paediatrician with a **comprehensive** and **stimulating** update covering a range of topics highly relevant to day-to-day practice
- Aimed at Paediatric **Consultants** and **Middle Grades** with a **practical focus** on both the speciality and related disciplines that impact on it
- Faculty comprising leading Paediatricians and other specialists who are **actually doing the job** and can supply the expert, **up-to-date** and **evidence-based information**
- Draws on the **know-how of key specialists** in Paediatric Cardiology, Metabolic Medicine, Respiratory Medicine, Neurology, Gastroenterology, Surgery, Nephrology, Allergy, Infections, Rheumatology, Autism, Endocrinology, Neonatology and Radiology
- Advice to Paediatricians on ordering the **appropriate investigations**, **interpreting the results** and **getting the right diagnosis** and **treatment**



What attendees have said:

- *I will definitely change my practice after things I've learnt from each lecture*
- *Engaging speakers that spoke from clinical experience*
- *I liked the "recent update" approach from the speakers*
 - *I'll actually make changes to my practice which is unusual for CPD*
- *I will go back and present my main learning points to consultant colleagues*
- *I will definitely change my practice after the things I learnt from each lecture*
- *This course has made sure I am up to date, safe and that I don't miss important things*
- *Knowledgeable speakers covering a wide range of excellent and relevant topics*
 - *More aware of new discoveries and consolidated my knowledge*
- *Recent developments will be incorporated into my practice*
 - *Important updates – very practical and focussed*
- *I'm more aware of new discoveries and consolidated my knowledge*

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Practical Paediatrics Conference

All of the lectures are structured so as the subject is fully expounded at a level suitable for the hands-on Paediatrician:

- The method – who to investigate and how
- The nuances – problems and solutions
- The Management Tips on treatment
- The critique – comments and interaction

Questions and answers session follows each lecture

DAY 1: Thursday 13 June 2019

08.30 – 09.15 **Registration**

09.15 – 09.30 **Introduction and welcome**

09.30 – 10.15

Autism - an update on recent changes to its definition and diagnosis

Dr William Mandy, Clinical Psychologist, University College London, and GOSH

10.15 – 11.00

Cardiology

Dr Trevor Richens, Consultant in Congenital Heart Disease, University Hospital Southampton, and Chair of Congenital Heart Services CRG, NHS England

- Paediatric ECGs – interpretation, what you need to know
- Update on the management of congenital heart disease
- When to refer

11.00 – 11.30 **Tea and coffee break**

11.30 – 12.15

Infections in Children

Dr Alasdair Bamford, Consultant in Paediatric Infectious Diseases, Great Ormond Street Hospital NHS Foundation Trust

Topics to be covered:

- The child with fever – avoiding the pitfalls
- Infections and antibiotics
- Child returning from overseas
- Chickenpox – severe complications

12.15 – 13.00

Endocrinology

Dr Sandy Alatzoglou, Consultant in Paediatric Endocrinology, Chelsea and Westminster Hospital, London

- Growth and pubertal problems – a practical guide for investigation and management
- Diabetes in children and young people
- Thyroid disorders
- Grey cases on above topics

13.00 – 13.45 **Lunch**

13.45 – 14.30

Functional Abdominal Pain

Dr Osvaldo Borrelli, Consultant Paediatric Gastroenterology. Head of Clinical Services for Gastroenterology, Great Ormond Street

- Practical approach to abdominal pain
- Practical approach to chronic constipation

14.30 – 15.15

Paediatric Surgery

Mr Simon Blackburn, Consultant in Paediatric Surgery, Great Ormond Street Hospital for Children, London

Topics to be covered:

- When to involve the surgeon and when to hold on
- Surgical emergencies – early recognition & management
- Bilious vomiting – pitfalls in diagnosis
- Abdominal pain – pitfalls in diagnosis
- Hernias and other “minor” surgical problems

15.15 – 15.30 **Tea and coffee break**

15.30 – 16.15

Respiratory – Top Tips

Dr Chinedu Nwokoro, Consultant Respiratory Paediatrician, Barts Health NHS Trust

- Wheezy infants and pre-schoolers – when is it asthma?
- The child with recurrent chest infections or chronic cough
- What tests are useful

16.15 – 17.00

Nephrology

Dr Stephen Marks, Consultant Paediatric Nephrologist, Great Ormond Street Hospital for Children, London

- Update on UTI management – medical v surgical
- Persistent haematuria and proteinuria – common dilemmas
- Measuring blood pressure in children – when to worry

17.00 **Close**

DAY 2: Friday 14 June 2019

08.30 – 09.00 **Registration**

09.00 – 09.15 **Introduction and welcome**

09.15 – 10.00

Neurology

Dr Rahul Singh,
Consultant Paediatric Neurologist,
Evelina Children's Hospital, London

Topics to be covered:

- Guidance for neurological examination
- Movement disorders update (e.g. management)
- Autoimmune encephalitis
- Complex neuro-disability

10.00 – 10.45

Metabolic Disease of Childhood

Dr Spyros Batzios,
Consultant in Paediatric Metabolic Medicine,
Great Ormond Street Hospital NHS Foundation Trust

Topics to be covered:

- Approach to the metabolic case
- Neonatal presentations
- Acute investigations and management

10.45 – 11.15 **Tea and coffee break**

11.15 – 12.00

Neonatal

Dr Simon Hannam,
Head of Neonatal Services and Consultant Neonatologist,
Great Ormond Street Hospital for Children

Topics to be covered:

- Respiratory failure in the newborn
- Neonatal hypotension
- Cardio conditions
- When to refer

12.00 – 12.45

Rheumatology

Dr Flora McErlane,
Consultant in Paediatric Rheumatology,
Newcastle upon Tyne Hospitals NHS Foundation Trust

- Approach to children with joint pains
- Update on JIA
- Hypermobility syndromes
- Confidence in diagnosis and missed diagnosis

12.45 – 13.30 **Lunch**

13.30 – 14.15

Update on Food Allergy

Dr Alexandra Santos, Senior Clinical Lecturer and
Hon Consultant in Paediatric Allergy,
Guy's and St Thomas' NHS Foundation Trust

Topics to be covered:

- The Allergic March in Childhood
- The Food Allergic March in Childhood
- Prevention of Food Allergy
- The child at risk
- Management and when to refer the allergic child

14.15 – 15.00

Radiological Features of Child Abuse

Dr Amaka Offiah, Consultant Paediatric Radiologist,
University of Sheffield & Sheffield Children's Hospital

- Prevalence and types of abuse in the UK
- Imaging protocol when abuse is suspected
- Common and rare presentations of physical abuse in infants and children
- Mechanisms of injuries seen in abused children
- Radiological dating of fractures
- Conditions that the radiologist may confuse with abuse
- Areas of contention between experts

15.00 – 15.15 **Tea and coffee break**

15.15 – 16.15

Legal Issues and Consent in Paediatrics

Dr Sally Old,
Medicolegal Adviser,
MDU Services Limited

Topics to be covered:

- Refusal to treatment – what are the child's rights?
- Current legislation – knowing your rights
- Who can consent to treatment
- Avoiding problems in practice – some cases (e.g. around GMC guidelines)

16.15

Close



Booking

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COURSE FEE (INC. 20% VAT)

£525 (inc VAT) for the two days;
£320 (inc VAT) daily rate.

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Complete delegate and payment details below and post to:

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Alternatively, **BOOK ONLINE** at www.infomedltd.co.uk
Confirmation, venue location map and receipt will be sent to you **by email**.

General queries:
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I will attend: **Both days** (Thu 13 and Fri 14 Jun 2019)
 Day 1 only (Thu 13 Jun 19) **Day 2** only (Fri 14 Jun 19)

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Surname

Job Title

Hospital

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