

**Building on the success of the last twelve years
and in response to popular demand!**

14th Medical Update for the Psychiatrist

The must-attend, well-established, practical Course with Lectures and Discussion Forums.

This **unique** course is organised by Infomed Research and Training,
on **Wednesday 15 and Thursday 16 May 2019**,
at the Park Plaza County Hall Hotel, 1 Addington St, London SE1 7RY

**12 (6 per day)
CPD Points**
Certificate of
Attendance issued

Faculty of specialists including:



- **Dr Biba Stanton**, Consultant Neurologist, King's College Hospital, London
- **Dr Alison Wren**, Consultant Endocrinologist, Chelsea and Westminster Hospital, London
- **Dr Ceri Davies**, Consultant Cardiologist, Barts Health NHS Trust
- **Dr Lucy Garvey**, Consultant in HIV/GU Medicine, St Mary's Hospital, London
- **Dr Ali Kubba**, Consultant Community Gynaecologist, Guy's and St Thomas' NHS Foundation Trust
- **Dr Maddalena Miele**, Consultant in Perinatal Psychiatry, St Mary's Hospital, London, and Perinatal Mental Health Clinical Lead, CNWL NHS Foundation Trust
- **Professor Kevin Moore**, Professor of Hepatology, University College London and Royal Free Hospital, London
- **Dr Idris Harding**, Fellow in Cardiac Electrophysiology & Devices, King's College Hospital, London
- **Dr Jo Turner**, Consultant Psychiatrist, South West London and St George's Mental Health NHS Trust
- **Dr Frankie Connell**, Consultant HIV Liaison Psychiatrist



About this well established Course:

- The number of places is restricted – **please book in advance!**
- Aimed at **Consultants, Registrars** and **Staff Grades** working in **Psychiatry**
- A **practical** focus on the management of **difficult medical disorders relevant to Psychiatric practice** – what you *won't* find in the textbooks
- **Submit** or bring your **own real grey cases** for discussion in the **Forums**
- Focuses on **day-to-day medical problems** that the Psychiatrist needs to deal with
- **Lectures by leading Physicians** with a proven track record in the dissemination of medical know-how to front-line Clinicians
- **Discussion Forums** for detailed, practical discussion of grey cases in Psychiatric practice, in the clinic or on the wards, involving the medical specialities addressed in the lectures earlier.

What attendees said about the previous Medical Updates:

- *Met my CPD objectives and improved my confidence around identifying/managing physical health issues*
- *Increased my awareness of significant issues for clinical practice*
- *Excellent discussion forums with charismatic lecturers*
- *Great Infomed support, very informative course and rightly paced*
- *I had been trying to find a course like this for ages – I came after positive colleagues' feedback*
- *Very efficient time management, course well-structured and discussion groups well organised*
- *I will feel more confidence when screening and treating patients on an acute psychiatric patient ward*
- *I'm now much more informed on medical issues in psychiatry*

**Contact Infomed by email courses@infomedltd.co.uk
or call +44 (0)20 3236 0810 or visit www.infomedltd.co.uk**

DAY 1: **Wednesday 15 May 2019**

08.30 – 09.00 **Registration**

09.00 – 09.15 **Welcome and introduction**

09.15 – 10.00

Understanding the ECG

Dr Idris Harding,

Fellow in Cardiac Electrophysiology & Devices,
King's College Hospital, London

Sample of topics to be included:

- The cardiology behind the ECG and what the Psychiatrist needs to know
- Understanding automatic reporting
- Identifying problems, normal/abnormal ECG and common errors to avoid
- Clinical symptoms to look for and key clinical questions to ask the patient
- What the psychiatrist should not miss and preliminary investigation before referring

10.00 – 10.45

Perinatal Health

Dr Maddalena Miele, Consultant in Perinatal Psychiatry,
St Mary's Hospital, London, and Perinatal Mental Health Clinical
Lead, Central and North West London NHS Foundation Trust

Sample of topics to be included:

- Mental illness related to childbearing
- Management of pregnant women with mental health problems
- Psychotropic medication in pregnancy and lactation
- NICE guidelines on antenatal and postnatal mental health
- Perinatal mental health services

10.45 – 11.15 **Tea and coffee break**

11.15 – 12.45

TWO DISCUSSION FORUMS

Delegates split into two groups and attend each of the two Forums in turn. Each Forum involves detailed, practical discussion of grey cases in Psychiatric practice, in the clinic or on the wards, involving the medical specialities addressed in the lectures before the break – in depth analysis of real life cases provided by hands-on Psychiatrists who ask: **what should a Psychiatrist do next?**

DISCUSSION FORUM

ECGs

Facilitated by **Dr Idris Harding,** Fellow in Cardiac
Electrophysiology & Devices, King's College Hospital, London

DISCUSSION FORUM

Perinatal Mental Health

Facilitated by **Dr Jo Turner,** Consultant Psychiatrist,
South West London and St George's Mental Health NHS Trust,
with **Dr Maddalena Miele,** Consultant in Perinatal Psychiatry,
St Mary's Hospital, London

12.45 – 13.30 **Lunch**

13.30 – 14.30

Cardiovascular Issues

Dr Ceri Davies,

Consultant Cardiologist,
Barts Health NHS Trust

Sample of topics to be included:

- Identifying problems on the ECG
- Psychotropic medication and the heart
- Chest pain – when to take it further?
- Sudden death syndromes
- Problems with clozapine
- Management of common side effects of psychiatric medications

14.30 – 15.15

HIV

Dr Lucy Garvey,

Consultant in HIV/GU Medicine
St Mary's Hospital, London

Sample of topics to be included:

- HIV/AIDS – epidemiology and clinical presentation
- HIV/AIDS – neuropsychiatric complications
- Treatment of HIV – antiretrovirals – psychological sequelae and interactions
- Adherence to treatment
- Ethical and legal issues of HIV in mental illness

15.15 – 15.30 **Tea and coffee break**

15.30 – 17.00

TWO DISCUSSION FORUMS

Delegates again split into two groups and attend each of the two Forums in turn.

DISCUSSION FORUM

Cardiovascular Issues

Facilitated by **Dr Ceri Davies,**
Consultant Cardiologist, Barts Health NHS Trust

DISCUSSION FORUM

HIV

Facilitated by **Dr Frankie Connell,**
Consultant HIV Liaison Psychiatrist,
with **Dr Lucy Garvey,**
Consultant in HIV/GU Medicine, St Mary's Hospital, London

17.00

Close

DAY 2: Thursday 16 May 201908.30 – 09.00 **Registration**09.00 – 09.15 **Welcome and introduction**

09.15 – 10.15

**Neurology: Deciding When to Refer
A brief summary for the psychiatrist****Dr Biba Stanton,**
Consultant Neurologist,
King's College Hospital, London

Sample of topics to be included:

- The 5-minute neuro exam
- When to ask for neuroimaging – clinical investigations
- What to know about: Epilepsy, Dementia, Parkinson's
- Potential pitfalls
- Antipsychotic drugs and seizures

10.15 – 11.00

Update on Sexual and Reproductive Health**Dr Ali Kubba,**
Consultant Community Gynaecologist,
Guy's and St Thomas' NHS Foundation Trust

Sample of topics to be included:

- PMT – managing the effects
- Menstrual cycle – effects on mental illness
- Update on HRT and Menopause
- Medical treatment for sexual dysfunction (e.g. loss of libido, dyspareunia)

11.00 – 11.30 **Tea and coffee break**

11.30 – 13.00

TWO DISCUSSION FORUMS

Delegates split into two groups and attend each of the two Forums in turn. Each Forum involves detailed, practical discussion of grey cases in Psychiatric practice, in the clinic or on the wards, involving the medical specialities addressed in the lectures before the break – in depth analysis of real life cases provided by hands-on Psychiatrists who ask: **what should a Psychiatrist do next?**

DISCUSSION FORUM**Neurology:**Facilitated by **Dr Biba Stanton,**
Consultant Neurologist,
King's College Hospital, London**DISCUSSION FORUM****Update on Sexual and Reproductive Health**Facilitated by **Dr Ali Kubba,**
Consultant Community Gynaecologist,
Guy's and St Thomas' NHS Foundation Trust13.00 – 13.45 **Lunch**

13.45 – 14.30

Hepatology**Professor Kevin Moore,**
Professor of Hepatology,
University College London and Royal Free Hospital, London

Sample of topics to be included:

- Hep B, Hep C and treatment with interferon
- Abnormal LFT's – what do they mean?
- Anti-depressants and liver disease
- Liver transplants – pointers for psychiatric assessment
- Paracetamol
- Management of common side effects of psychiatric medications

14.30 – 15.15

Endocrinology**Dr Alison Wren,**
Consultant Endocrinologist,
Chelsea and Westminster Hospital, London

Sample of topics to be included:

- Link between diabetes and schizophrenia including the role of antipsychotic medications
- Management of diabetes and cardiovascular risk in patients with severe mental illness
- A pragmatic approach to managing diabetes and CVD in SMI
- Management of common side effects of psychiatric medications

15.15 – 15.30 **Tea and coffee break**

15.30 – 17.00

TWO DISCUSSION FORUMS

Delegates again split into two groups and attend each of the two Forums in turn.

DISCUSSION FORUM**Hepatology**Facilitated by **Professor Kevin Moore,**
Professor of Hepatology,
University College London and Royal Free Hospital, London**DISCUSSION FORUM****Endocrinology**Facilitated by **Dr Alison Wren,**
Consultant Endocrinologist,
Chelsea and Westminster Hospital, London,

17.00

Collection of Certificates and Close

Booking

14th Medical Update for the Psychiatrist

organised by Infomed Research and Training,
on Wednesday 15 and Thursday 16 May 2019,
at the Park Plaza County Hall Hotel,
1 Addington St, London SE1 7RY

DELEGATE RATE

Early bird rates

(if booking and paying on or before Mon 14 Jan 2019)

£450 (inc VAT) **for the two days;**

£295 (inc VAT) **daily rate.**

Standard rates

(if booking and paying after Mon 14 Jan 2019)

£525 (inc VAT) **for the two days;**

£345 (inc VAT) **daily rate.**

How To Book

Complete delegate and payment details, below,
and post to:

Infomed Research & Training Limited,
Suite 2, 7 High Street,
Chislehurst, Kent, BR7 5AB

You can also **BOOK ONLINE** at: www.infomedltd.co.uk
Confirmation, venue map and receipt will follow by email.
General queries: tel. 020 3236 0810,
fax 020 8290 6917,
e-mail conferences@infomedltd.co.uk

For copy of this programme: www.infomedltd.co.uk

DELEGATE DETAILS

I will attend **Both days** (15-16 May 2019)
 Day 1 (15 May 19) **Day 2** (16 May 19)

Title First Name

Surname

Job Title

Hospital

Address for correspondence Home Work

.....

.....

Post Code Country

Tel

Email *

* *Required for confirmation*

Special needs and special dietary requirements

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PAYMENT DETAILS

Please charge my credit/debit card with the sum of £

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Card holder name (exactly as it appears on the card):

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Billing name

Billing address

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Signature

Please find enclosed a cheque for the amount of
£ made payable to **Infomed Research and
Training Limited**, Suite 2, 7 High Street, Chislehurst,
Kent, BR7 5AB.

By **BACS**: Barclays Bank, Bromley Branch,
167 High Street, Bromley, Kent BR1 1NL,
Sort code: 20-12-26, Account: 43929159.

By **Invoice**: *Call Infomed for instructions*

GREY CASES, QUESTIONS AND ISSUES?

If you would like to submit questions in advance, feel free to
do so below. **Grey cases** can be submitted by email.

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TERMS AND CONDITIONS

1) The subscription fee includes copies of the presentations, lunch and refreshments. 2) The completed booking form together with full payment must be sent to Infomed Research and Training Limited to secure a booking. Submission of this booking constitutes a legally binding agreement. 3) Payment must be received in full prior to the event. Conference details will be issued subject to receipt of payment. We cannot be held responsible for the non-arrival of registration information. If you have not heard from us within 7 days prior to the conference, please contact us. 4) Bookings can be made by telephone but payment must be made in full by credit card at time of booking. 5) Written cancellations received 6 weeks prior to the conference will be accepted and refunded minus an administration charge of £70. We regret that no refunds can be made for cancellations received after that date, for whatever reason, although substitutions will be accepted if notified in writing 5 days or more prior to the event. 6) The Company reserves the right to alter the content and the timing of the programme or the identity of the speakers due to reasons beyond the control of the organisers. 7) The Company does not accept responsibility for loss or damage to delegates' property and/or personal effects whilst at the conference.

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