

# **15th Medical Update for the Psychiatrist**

**A live online course with  
Lectures and Questions & Discussion**

**Running annually for the last 15 years!!**

**This unique online course is organised by  
Infomed Research and Training,  
on **Wednesday 13 and Thursday 14 May 2020****

## About the Course

**This course is aimed at Consultants, senior STs and SASGs in Psychiatry. The course has been reviewed in the light of the evaluation and suggestions of attendees at previous Updates.** Programme at a level suitable for the Consultant and senior STs.

**A practical focus on the management of difficult medical disorders relevant to Psychiatric practice – what you won't find in the textbooks**

**CPDs:** Key for the revalidation process, provides 6 CPD points and Attendance Certificate

**Numbers are strictly limited** in order to maximise interaction in the workshops

## Faculty - Lectures by leading Specialists

An **excellent Faculty of leading consultants** with a proven track record in the dissemination of medical know-how to front-line Psychiatrists, including:

- **Dr Biba Stanton**, Consultant Neurologist
- **Janet Barter**, Consultant in Sexual and Reproductive Health, Barts Health NHS Trust
- **Dr Ceri Davies**, Consultant Cardiologist, Barts Health NHS Trust
- **Dr Lucy Garvey**, Consultant in HIV/GU Medicine, St Mary's Hospital, London
- **Dr Bo Kim Tang**, Consultant in Perinatal Psychiatry, Central and North West London NHS Foundation Trust
- **Professor Kevin Moore**, Professor of Hepatology, University College London and Royal Free Hospital, London
- **Dr Idris Harding**, Fellow in Cardiac Electrophysiology & Devices, King's College Hospital, London

## What past delegates have said:

- Met my CPD objectives and improved my confidence around identifying/managing physical health issues
- Increased my awareness of significant issues for clinical practice
- Excellent discussion forums with charismatic lecturers
- Great Informal support, very informative course and rightly paced
- I had been trying to find a course like this for ages – I came after positive colleagues' feedback
- Very efficient time management, course well-structured and discussion groups well organised
- I will feel more confidence when screening and treating patients on an acute psychiatric patient ward
- I'm now much more informed on medical issues in psychiatry

## DAY 1: Wednesday 13 May 2020

### Morning Session

09.00 – 09.15 **Delegates to start connecting**

09.15 – 10.00 Streaming connection testing session with lecturers.

10.00 – 10.45

#### Understanding the ECG

**Dr Idris Harding,**

Fellow in Cardiac Electrophysiology & Devices,  
King's College Hospital, London

Sample of topics to be included:

- The cardiology behind the ECG and what the Psychiatrist needs to know
- Understanding automatic reporting
- Identifying problems, normal/abnormal ECG and common errors to avoid
- Clinical symptoms to look for and key clinical questions to ask the patient
- What the psychiatrist should not miss and preliminary investigation before referring

10.45 – 11.15

#### ECG QUESTIONS AND DISCUSSION

Delegates will be able to ask questions by using the provided interactive tools.

11.15 – 12.00 **Tea/coffee and comfort break**

12.00 – 12.45

#### Perinatal Health

**Dr Bo Kim Tang,**

Consultant Perinatal Psychiatrist,  
Central and North West London NHS Foundation Trust

Sample of topics to be included:

- Mental illness related to childbearing
- Management of pregnant women with mental health problems
- Psychotropic medication in pregnancy and lactation
- NICE guidelines on antenatal and postnatal mental health
- Perinatal mental health services

12.45 – 13.15

#### PERINATAL QUESTIONS AND DISCUSSION

Delegates will be able to ask questions by using the provided interactive tools.

13.15 – 14.15

**Lunch Break and  
Streaming connection testing with  
afternoon lecturers**

### Afternoon Session

14.15 – 15.00

#### Cardiovascular Issues

**Dr Ceri Davies,**

Consultant Cardiologist,  
Barts Health NHS Trust

Sample of topics to be included:

- Identifying problems on the ECG
- Psychotropic medication and the heart
- Chest pain – when to take it further?
- Sudden death syndromes
- Problems with clozapine
- Management of common side effects of psychiatric medications

15.00 – 15.30

#### CARDIOVASCULAR QUESTIONS AND DISCUSSION

Delegates will be able to ask questions by using the provided interactive tools.

15.30 – 15.45 **Tea/coffee and comfort break**

15.45 – 16.30

#### HIV

**Dr Lucy Garvey,**

Consultant in HIV/GU Medicine  
St Mary's Hospital, London

Sample of topics to be included:

- HIV/AIDS – epidemiology, clinical presentation and neuropsychiatric complications
- Treatment of HIV – antiretrovirals, psychological sequelae and interactions and adherence to treatment
- Update on STDs
- Ethical and legal issues of HIV in mental illness

16.30 – 17.00

#### HIV QUESTIONS AND DISCUSSION

Delegates will be able to ask questions by using the provided interactive tools.

17.00

**Close on-line Connection**

## DAY 2: Thursday 14 May 2020

### Morning Session

09.00 – 09.15 **Delegates to start connecting**

09.15 – 10.00 Streaming connection testing session with lecturers.

10.00 – 10.45

#### **Neurology: Deciding When to Refer** ***A brief summary for the psychiatrist***

**Dr Biba Stanton,**  
Consultant Neurologist

Sample of topics to be included:

- The 5-minute neuro exam
- When to ask for neuroimaging – clinical investigations
- What to know about: Epilepsy, Dementia, Parkinson's
- Potential pitfalls
- Antipsychotic drugs and seizures

10.45 – 11.15

#### **NEUROLOGY QUESTIONS AND DISCUSSION**

Delegates will be able to ask questions by using the provided interactive tools.

11.15 – 12.00 **Tea/coffee and comfort break**

12.00 – 12.45

#### **Hepatology**

**Professor Kevin Moore,**  
Professor of Hepatology,  
University College London and Royal Free Hospital, London

Sample of topics to be included:

- Hep B, Hep C and treatment with interferon
- Abnormal LFT's – what do they mean?
- Anti-depressants and liver disease
- Liver transplants – pointers for psychiatric assessment
- Paracetamol
- Management of common side effects of psychiatric medications

12.45 – 13.15

#### **HEPATOLOGY**

#### **QUESTIONS AND DISCUSSION**

Delegates will be able to ask questions by using the provided interactive tools.

13.15 – 14.15

**Lunch Break and**  
**Streaming connection testing with**  
**afternoon lecturers**

### Afternoon Session

14.15 – 15.00

#### **Update on Sexual and Reproductive Health**

**Dr Janet Barter,** Consultant in Sexual and Reproductive Health,  
Barts Health NHS Trust

Sample of topics to be included:

- PMT – managing the effects
- Menstrual cycle – effects on mental illness
- Update on HRT and Menopause
- Medical treatment for sexual dysfunction (e.g. loss of libido, dyspareunia)

15.00 – 15.30

#### **Sexual and Reproductive Health** **QUESTIONS AND DISCUSSION**

Delegates will be able to ask questions by using the provided interactive tools.

15.30 – 15.45 **Tea/coffee and comfort break**

15.45 – 16.30

#### **COVID-19 and Psychiatry**

**Dr David O'Flynn,**  
Consultant Psychiatrist with South London and Maudsley NHS  
Foundation Trust and SLAM Mental Health Act Clinical Lead

Sample of topics to be included:

- aspects of the pandemic, including
  - mental health
  - medication
  - and impact on services and law

16.30 – 17.00

#### **COVID-19 QUESTIONS AND DISCUSSION**

Delegates will be able to ask questions by using the provided interactive tools.

17.00

**Close on-line Connection**