

**Building on the success of the last six years**

# 7th Practical Paediatrics

*A practical update for busy Paediatricians on managing day-to-day common outpatient and ward clinical dilemmas and issues*

organised by **Infomed Research and Training Limited**  
on **Wednesday 20 and Thursday 21 June 2012**,  
at the **Royal College of Paediatrics and Child Health**,  
**5-11 Theobalds Road, London, WC1X 8SH**



## Faculty includes:

- **Dr James Gnanapragasam**, Consultant Paediatric Cardiologist, Wessex Cardiac Unit, **Southampton General Hospital**
- **Mr Joe Curry**, Consultant in Paediatric Surgery, **GOSH**, London
- **Prof Ricky Richardson**, Consultant Paediatrician, **GOSH**, London
- **Dr Ruth Williams**, Consultant Paediatric Neurologist, **Evelina Children's Hospital**, London
- **Dr Athimalaipet Ramanan**, Lead Consultant in Paediatric Rheumatology, **Bristol Royal Hospital for Children**
- **Dr Nicola Bridges**, Consultant Paediatric Endocrinologist, **Chelsea and Westminster Hospital**, London
- **Dr Roshni Vara**, Consultant in Paediatric Metabolic Medicine, **Evelina Children's Hospital, London**
- **Dr Tom Marshall**, Consultant in Paediatric Respiratory Medicine, **Royal Hospital for Sick Children, Edinburgh**
- **Dr George Du Toit**, Consultant in Paediatric Allergy, **Evelina Children's Hospital**, London
- **Dr Amaka Offiah**, HEFCE Clinical Senior Lecturer, University of Sheffield, and Consultant Radiologist, **Sheffield Children's Hospital**
- **Dr Sally Old**, MDU Services Limited

**Approved by the RCPCH  
for 11.5 CPD Points**

## About the conference:

- Aimed at Paediatric **Consultants** and **Middle Grades** with a **practical focus** on both the speciality and related disciplines that impact on it
- Faculty comprising leading Paediatricians and other specialists who are **actually doing the job** and can supply the expert, **up-to-date** and **evidence-based information**
- Draws **on the know-how of key specialists** in Paediatric Cardiology, Metabolic Medicine, Respiratory Medicine, Neurology, Gastroenterology, Surgery, Nephro-Urology, Rheumatology, Endocrinology, Neonatology, Allergy, Obesity, Special Needs and Adolescent Medicine
- Advice to Paediatricians on ordering the **appropriate investigations**, **interpreting the results** and **getting the right diagnosis** and treatment



## What previous delegates have said:

- *Presentation of important topics, excellent speakers.*
  - *Speakers choice very good – practical advice on commonly seen problems – relevant to daily practice.*
- *Good common topics, time keeping, good speakers, time for Q&A.*
  - *Course slides available online – excellent!*
  - *Excellent general coverage for general paediatricians – top tips.*
  - *All the speakers gave high quality and interesting presentations, covered good range of subjects.*
  - *Sharp and enthusiastic speakers, informal day, allowing full discussion.*
  - *Variety of topics, frequent breaks, excellent catering.*
- *Excellent choice of topics, dynamic and enthusiastic speakers very knowledgeable in their fields, well organised!*
- *Excellent – wide range of interesting topics and relevant to my practice.*

**Book and pay by phone on 020 8123 0021**  
**or on line at [www.infomedltd.co.uk](http://www.infomedltd.co.uk)**  
**or Email: [conferences@infomedltd.co.uk](mailto:conferences@infomedltd.co.uk)**

## Practical Paediatrics Conference

**All of the lectures** are structured so as the subject is fully expounded at a level suitable for the hands-on Paediatrician:

- The method – who to investigate and how
- The nuances – problems and solutions
- The Management Tips on treatment
- The critique – comments and interaction

Questions and answers session follows each lecture

## DAY 1: Wednesday 20 June 2012

08.30 – 09.15 **Registration**

09.15 – 09.30 **Introduction and welcome**

09.30 – 10.15

### Cardiology

**Dr James Gnanaprasam**,  
Consultant Paediatric Cardiologist, Wessex Cardiac Unit,  
Southampton General Hospital

Topics to be covered:

- Paediatric ECGs – interpretation, what you need to know
- Approach to the child with a murmur
- Chest pain – when to refer
- Syncope – when to refer

10.15 – 11.00

### Metabolic Disease of Childhood

**Dr Roshni Vara**,  
Consultant in Paediatric Metabolic Medicine,  
Evelina Children's Hospital, London

Topics to be covered:

- Approach to the metabolic case
- Neonatal presentations
- Acute investigations and management

11.00 – 11.30 **Tea and coffee break**

11.30 – 12.15

### Respiratory – Top Tips

**Dr Tom Marshall**,  
Consultant in Paediatric Respiratory Medicine  
Royal Hospital for Sick Children, Edinburgh

Topics to be covered:

- Wheezy infants & preschoolers – when is it asthma?
- The child with recurrent chest infections or chronic cough
- What tests are useful

12.15 – 13.00

### Gastroenterology

**Dr Mary-Anne Morris**, Consultant Paediatrician,  
Norfolk and Norwich University Hospital

Topics to be covered:

- Practical approach to chronic abdominal pain
- Management of constipation
- Coeliac disease – testing and management
- Update on Inflammatory bowel disease

13.00 – 13.45 **Lunch**

13.45 – 14.30

### Paediatric Surgery

**Mr Joe Curry**, Consultant in Paediatric Surgery,  
Great Ormond Street Hospital for Children, London

Topics to be covered:

- When to involve the surgeon and when to hold on
- Surgical emergencies - early recognition & management
- Bilious vomiting – pitfalls in diagnosis
- Abdominal pain – pitfalls in diagnosis
- Hernias and other “minor” surgical problems

14.30 – 15.15

### Nephrology

**Dr Stephen Marks**,  
Consultant Paediatric Nephrologist (Renal Unit)  
Great Ormond Street Hospital for Children NHS Trust

Topics to be covered:

- Update on UTI management – medical v surgical
- Persistent haematuria and proteinuria – common dilemmas
- Measuring blood pressure in children – when to worry

15.15 – 15.30 **Tea and coffee break**

15.30 – 16.15

### Obesity in Children and Adolescents

**Russell Viner**, Reader in Adolescent Health,  
UCL Institute of Child Health,  
University College London Hospital

Topics to be covered:

- Key assessment on presentation – when to refer
- Pathologies and Genetic risks
- Review of evidence behind current approaches
- Recommended practice; referral pathways; guidelines for treatment and management
- Behavioural treatment – evidence

16.15 – 17.00

### Endocrinology

**Dr Nicola Bridges**,  
Consultant Paediatric Endocrinologist  
Chelsea and Westminster Hospital, London

Topics to be covered:

- Growth and pubertal problems – a practical guide for investigation and management
- Diabetes in children and young people
- Thyroid disorders
- Grey cases on above topics

17.00

**Close**

## DAY 2: Thursday 21 June 2012

08.30 – 09.00 **Registration**

09.00 – 09.15 **Introduction and welcome**

09.15 – 10.00

### Neurology

**Dr Ruth Williams,**  
Consultant Paediatric Neurologist,  
Evelina Children's Hospital, London

Topics to be covered:

- The neurological examination
- Epilepsy update
- Palliative care in complex neurodisability

10.00 – 10.45

### Neonatal

**Dr Abhimanu Lall,** Consultant Neonatologist  
King's College Hospital, London

Topics to be covered:

- Respiratory failure in the newborn
- Neonatal hypotension
- Cardio conditions
- When to refer
- Follow-up and monitoring

10.45 – 11.15 **Tea and coffee break**

11.15 – 12.00

### Rheumatology

**Dr Athimalaipet Ramanan,**  
Lead Consultant in Paediatric Rheumatology,  
Bristol Royal Hospital for Children, and  
Royal National Hospital for Rheumatic Diseases

Topics to be covered:

- Approach to children with joint pains
- Update on JIA
- Hypermobility syndromes

12.00 – 12.45

### Update on Food Allergy

**Dr George Du Toit,**  
Consultant in Paediatric Allergy,  
Evelina Children's Hospital, London

Topics to be covered:

- The Allergic March in Childhood
- The Food Allergic March in Childhood
- Prevention of Food Allergy
- The child at risk
- Management and when to refer the allergic child

12.45 – 13.30 **Lunch**

13.30 – 14.15

### Radiological Features of Child Abuse

**Dr Amaka Offiah,**  
HEFCE Clinical Senior Lecturer, University of Sheffield,  
and Consultant Radiologist, Sheffield Children's Hospital

By the end of this lecture, delegates will have acquired some understanding of the following:

- Prevalence and types of abuse in the UK
- Imaging protocol when abuse is suspected
- Common and rare presentations of physical abuse in infants and children
- Mechanisms of injuries seen in abused children
- Radiological dating of fractures
- Conditions that the radiologist may confuse with abuse
- Areas of contention between experts

14.15 – 15.00

### Recognising and assessing children who are different:

#### *The Multi-Disciplinary Approach*

**Prof Ricky Richardson,**  
Consultant Paediatrician,  
Great Ormond Street Hospital for Children, London

Topics to be covered:

- Dyslexia, dyspraxia, ADHD
- Behavioural difficulties
- Language delays
- Social and communication difficulties

15.00 – 15.15 **Tea and coffee break**

15.15 – 16.15

### Legal Issues and Consent in Paediatrics

**Dr Sally Old,**  
MDU Services Limited

Topics to be covered:

- Refusal to treatment – what are the child's rights?
- Current legislation – knowing your rights
- Who can consent to treatment
- Avoiding problems in practice – some cases (e.g. around GMC guidelines)

16.15

**Close**



## Booking

### 7th Practical Paediatrics

Organised by **Infomed Research and Training** on **Wednesday 20 and Thursday 21 June 2012**, at the Royal College of Paediatrics and Child Health, 5-11 Theobalds Road, London, WC1X 8SH

#### COURSE FEE (INC. 20% VAT)

##### Winter bookers reduced rate:

(if booking and paying from 1 Jan 12 and 31 Mar 12)  
**£485 for the two days;**  
**£295 daily rate.**

##### Standard rates

(if booking and paying from 1 Apr 12)  
**£525 for the two days;**  
**£325 daily rate.**

#### HOW TO REGISTER

Complete delegate and payment details below and **fax to 020 8290 6917** or post to:

Infomed Research & Training Limited,  
 PO Box 1028, Bromley, BR1 9JP

Alternatively, **BOOK ONLINE** at [www.infomedltd.co.uk](http://www.infomedltd.co.uk)

Confirmation, venue location map and receipt will be sent to you **by email**.

General queries:

tel. **020 8123 0021**

e-mail [conferences@infomedltd.co.uk](mailto:conferences@infomedltd.co.uk)

#### DELEGATE DETAILS

I will attend:  **Both days** (Wed 20 and Thu 21 Jun 12)

**Day 1** only (Wed 20 Jun 12)     **Day 2** only (Thu 21 Jun 12)

Title ..... First Name .....

Surname .....

Job Title .....

Hospital .....

Address for correspondence     Home     Work

.....

.....

.....

Post Code ..... Country .....

Tel .....

Email .....

Please inform Infomed if you have any special needs

#### PAYMENT DETAILS

Please charge my credit/debit card with the sum of £ .....

MasterCard     Visa

Name on Card: .....

Card Number

□□□□/□□□□/□□□□/□□□□

Valid From □□/□□    Expiry Date □□/□□

CVV Number □□□

(i.e. the last 3 digits on central signature strip on reverse side of the card)

Please find enclosed a cheque for the amount of £..... made payable to Infomed Research & Training Ltd

By **BACS**: HSBC, London Bridge Branch, 28 Borough High Street, London SE1 1YB, Sort code: 40-06-21 Account: 81585045

Please **invoice** my organisation, quoting **P.O. No** ..... (**Purchase Order No.** is **required**)

**Invoicing** details, including the **name**, contact **number** and **address** of the **person responsible for payment**:

Name .....

Department .....

Organisation .....

Address .....

..... Post Code .....

Tel .....

Email .....

#### TERMS AND CONDITIONS

1) The subscription fee includes CD with presentations, lunch and refreshments. 2) The completed booking form together with full payment must be sent to Infomed Research and Training Limited to secure a booking. Submission of this booking constitutes a legally binding agreement. 3) Payment must be received in full prior to the event. Course details will be issued subject to receipt of payment. We cannot be held responsible for the non-arrival of registration information. If you have not heard from us within 7 days prior to the Course, please contact us. 4) Bookings can be made by telephone but payment must be made in full by credit card at time of booking. 5) Written cancellations received 6 weeks prior to the Course will be accepted and refunded minus an administration charge of £70. We regret that no refunds can be made for cancellations received after that date, for whatever reason, although substitutions will be accepted if notified in writing 5 days or more prior to the event. 6) The Company reserves the right to alter the date, content and timing of the programme or the identity of the speakers due to reasons beyond its control. Under these circumstances, The Company will not refund delegates any expenditure made on pre-booked accommodation or travelling. 7) The Company does not accept responsibility for loss/damage delegates' property/personal effects whilst at the Course.

**Infomed Research and Training Limited.** Registered in England No. 5200146. Registered Offices: Somers, Mounts Hill, Benenden, Kent TN17 4ET. VAT No. 887 8570 48.