

**Building on the success of the last seven years
and in response to popular demand!**

7th Medical Update for the Psychiatrist

**12 (6 per day)
CPD Points**
Certificate of
Attendance issued

A **must attend** practical Course with Lectures and Discussion Forums.

This **unique** course is organised by Infomed Research and Training,
on **Wednesday 9** and **Thursday 10 May 2012**, at the Royal College of Paediatrics
and Child Health, 5-11 Theobalds Road, London, WC1X 8SH

Faculty of specialists and psychiatrists includes:



- **Dr Ceri Davies**, Consultant Cardiologist, Barts and The London NHS Trust
- **Dr Edwina Williams**, Consultant Perinatal Psychiatrist, University College London Hospital
- **Dr Alison Wren**, Consultant Endocrinologist, Chelsea and Westminster Hospital, London
- **Dr Giles Elrington**, Consultant Neurologist
- **Dr Janet Barter**, Consultant in Sexual and Reproductive Health, Enfield PCT, London
- **Dr Max Henderson**, Senior Lecturer in Epidemiological and Occupational Psychiatry, Institute of Psychiatry, Kings College London
- **Dr Alan Winston**, Consultant Physician and Senior Lecturer in HIV & GU Medicine, Imperial College Healthcare NHS Trust
- **Dr Frankie Connell**, Consultant HIV Liaison Psychiatrist, Royal London Hospital
- **Dr Jo Turner**, Consultant Psychiatrist, South West London and St George's Mental Health NHS Trust
- **Dr Liz McDonald**, Consultant Perinatal Psychiatrist, East London NHS Foundation Trust
- **Dr Sajeeva Jayalath**, Consultant Psychiatrist and Clinical Director, South Essex Partnership University NHS Foundation Trust
- **Dr Catherine Walsh**, Consultant Liaison Psychiatrist, Addenbrooke's Hospital, Cambridge
- **Dr Jon Poole**, Consultant Occupational Physician, Dudley and Walsall NHS Trust

About this well established Course:

- Aimed at **Consultants, Registrars** and **Staff Grades** working in **Psychiatry**
- A **practical** focus on the management of **difficult medical disorders relevant to Psychiatric practice** – what you *won't* find in the textbooks
- **Submit** or bring your **own real grey cases** for discussion in the **Forums**
- Focuses on **day-to-day medical problems** that the Psychiatrist needs to deal with
- **Lectures by leading Physicians** with a proven track record in the dissemination of medical know-how to front-line Clinicians
- **Eight Discussion Forums** for detailed, practical discussion of grey cases in Psychiatric practice, in the clinic or on the wards, involving the medical specialities addressed in the lectures earlier in the day – in depth analysis of real life cases provided by hands-on Psychiatrists



What attendees said about the previous Medical Updates:

- *High quality lectures and speakers, good variety of subjects*
- *Questions and answers session very useful. Good range of topics*
 - *Good to reinforce lecturing in afternoon groups*
- *Efficiently organised, good to have a relevant group of topics*
 - *Great Infomed support, very informative course and rightly paced*
 - *Very efficient time management, course well structured and discussion groups well organised*
- *I had been trying to find a course like this for ages – I came after positive colleagues' feedback*
- *A Psychiatrist for 10 years never had a medical update, glad I came!*
- *I think all Psychiatrists should attend this Update to refresh medical knowledge.*
 - *Good chance to interact with medical colleagues. All relevant to my practice*
- *Did what was promised, pre-seminar links and lecture material very useful clinical relevance and clarity.*

To book for Infomed courses

email courses@infomedltd.co.uk or call **020 8123 0021**

You can also visit www.infomedltd.co.uk to book on-line

DAY 1: Wednesday 9 May 2012

08.30 – 09.00 **Registration**

09.00 – 09.15 **Welcome and introduction**

09.15 – 10.00

Neurology: Deciding when to refer *A brief summary for the psychiatrist*

Dr Giles Elrington,
Consultant Neurologist

Sample of topics to be included:

- The 5-minute neuro exam
- When to ask for neuroimaging – clinical investigations
- What to know about: Epilepsy, Dementia, Parkinson's
- Potential pitfalls
- Antipsychotic drugs and seizures

10.00 – 10.45

Perinatal Health

Dr Liz McDonald
Consultant Perinatal Psychiatrist
East London NHS Foundation Trust

Sample of topics to be included:

- Mental illness related to childbearing
- Management of pregnant women with mental health problems
- Psychotropic medication in pregnancy and lactation
- NICE guidelines on antenatal and postnatal mental health
- Perinatal mental health services

10.45 – 11.15 **Tea and coffee break**

11.15 – 12.00

HIV

Dr Alan Winston,
Consultant Physician and Senior Lecturer in HIV & GU Medicine,
Imperial College Healthcare NHS Trust

Sample of topics to be included:

- HIV/AIDS – epidemiology and clinical presentation
- HIV/AIDS – neuropsychiatric complications
- Treatment of HIV – antiretrovirals – psychological sequelae and interactions
- Adherence to treatment
- Ethical and legal issues of HIV in mental illness

12.00 – 12.45

Occupational Medicine

Dr Jon Poole,
Consultant Occupational Physician,
Dudley and Walsall NHS Trust

Sample of topics to be included:

- Capacity for work, capacity to drive
- Occupational mental illness
- Rehabilitation
- Disability Discrimination Act
- Illness deception

12.45 – 13.45 **Lunch**

Four Discussion Forums

Delegates split into four groups. Each group rotates through the four Discussion Forums, *A, B, C and D*, so **each delegate attends every Forum**.

Each Forum involves detailed, practical discussion of grey cases in Psychiatric practice, in the clinic or on the wards, involving the medical specialities addressed in the lectures earlier in the day – in depth analysis of real life cases provided by hands-on Psychiatrists who ask: **what should a Psychiatrist do next?**

13.45 – 14.30

Round 1

14.30 – 15.15

Round 2

15.15 – 15.30

Tea and coffee break

15.30 – 16.15

Round 3

16.15 – 17.00

Round 4

17.00

Close

THE DISCUSSION FORUMS, DAY 1

DISCUSSION FORUM A

Neurology: **Guide to Neurological Investigation**

Facilitated by **Dr Giles Elrington**, Consultant Neurologist

DISCUSSION FORUM B

Perinatal Mental Health

Facilitated by **Dr Jo Turner**, Consultant Psychiatrist, South West London and St George's Mental Health NHS Trust, with **Dr Liz McDonald**, Consultant Perinatal Psychiatrist East London NHS Foundation Trust

DISCUSSION FORUM C

HIV

Facilitated by **Dr Frankie Connell**, Consultant HIV Liaison Psychiatrist, Royal London Hospital, with **Dr Alan Winston**, Consultant Physician and Senior Lecturer in HIV & GU Medicine, Imperial College Healthcare NHS Trust

DISCUSSION FORUM D

Occupational Medicine

Facilitated by **Dr Max Henderson**, Senior Lecturer in Epidemiological and Occupational Psychiatry Institute of Psychiatry, Kings College London, with **Dr Jon Poole**, Consultant Occupational Physician, Dudley and Walsall NHS Trust

DAY 2: Thursday 10 May 2012

08.30 – 09.00 **Registration**

09.00 – 09.15 **Welcome and introduction**

09.15 – 10.00

Update on Sexual and Reproductive Health

Dr Janet Barter,

Consultant in Sexual and Reproductive Health,
Enfield PCT, London

Sample of topics to be included:

- PMT – managing the effects
- Menstrual cycle – effects on mental illness
- Update on HRT and Menopause
- Medical treatment for sexual dysfunction (e.g. loss of libido, dyspareunia)

10.00 – 10.45

Endocrinology

Dr Alison Wren,

Consultant Endocrinologist,
Chelsea and Westminster Hospital, London

Sample of topics to be included:

- Link between diabetes and schizophrenia including the role of antipsychotic medications
- Management of diabetes and cardiovascular risk in patients with severe mental illness
- A pragmatic approach to managing diabetes and CVD in SMI
- Management of common side effects of psychiatric medications

10.45 – 11.15 **Tea and coffee break**

11.15 – 12.00

Cardiovascular Issues

Dr Ceri Davies,

Consultant Cardiologist, Barts and The London NHS Trust

Sample of topics to be included:

- Identifying problems on the ECG
- Psychotropic medication and the heart
- Chest pain – when to take it further?
- Sudden death syndromes
- Problems with clozapine
- Management of common side effects of psychiatric medications

12.00 – 12.45

Hepatology

Consultant Gastroenterologist,
Name to be confirmed

Sample of topics to be included:

- Hep B, Hep C and treatment with interferon
- Abnormal LFT's – what do they mean?
- Anti-depressants and liver disease
- Liver transplants – pointers for psychiatric assessment
- Paracetamol
- Management of common side effects of psychiatric medications

12.45 – 13.45

Lunch

Four Discussion Forums

Delegates split into four groups. Each group rotates through the four Discussion Forums, *E, F, G* and *H*, so **each delegate attends every Forum**.

Each Forum involves detailed, practical discussion of grey cases in Psychiatric practice, in the clinic or on the wards, involving the medical specialities addressed in the lectures earlier in the day – in depth analysis of real life cases provided by hands-on Psychiatrists who ask: **what should a Psychiatrist do next?**

13.45 – 14.30

Round 1

14.30 – 15.15

Round 2

15.15 – 15.30

Tea and coffee break

15.30 – 16.15

Round 3

16.15 – 17.00

Round 4

17.00

Collection of Certificates and Close

THE DISCUSSION FORUMS, DAY 2

DISCUSSION FORUM E

Update on Sexual and Reproductive Health

Facilitated by **Dr Edwina Williams**, Consultant Perinatal Psychiatrist, University College London Hospital, with **Dr Janet Barter**, Consultant in Sexual and Reproductive Health, Enfield PCT, London

DISCUSSION FORUM F

Endocrinology

Facilitated by **Dr Sajeeva Jayalath**, Consultant Psychiatrist and Clinical Director, South Essex Partnership University NHS Foundation Trust, with **Dr Alison Wren**, Consultant Endocrinologist, Chelsea and Westminster Hospital, London

DISCUSSION FORUM G

Cardiovascular Issues

Facilitated by **Dr Ceri Davies**, Consultant Cardiologist, Barts and The London NHS Trust

DISCUSSION FORUM H

Hepatology

Facilitated by **Dr Catherine Walsh**, Consultant Liaison Psychiatrist, Addenbrooke's Hospital, Cambridge with a, Consultant Gastroenterologist, name TBC

7th Medical Update for the Psychiatrist

Course on Wednesday 9 and Thursday 10 May 2012, Royal College of Paediatrics and Child Health, 5-11 Theobalds Road, London

Booking

7th Medical Update for the Psychiatrist

organised by Infomed Research and Training,
on Wednesday 9 and Thursday 10 May 2012, Royal College
of Paediatrics and Child Health, 5-11 Theobalds Road,
London WC1X 8SH

DELEGATE RATE

Winter bookers:

(if booking **and** paying between 13 Dec 2011 and 29 Feb 2012)

£475 (inc VAT) **for the two days;** **£295** (inc VAT) **daily rate.**

Standard rates (if paying from 1 Mar 2012)

£495 (inc VAT) **for the two days;** **£320** (inc VAT) **daily rate.**

How To Book

Complete delegate and payment details, below,
and fax to 020 8290 6917 or post to:

Infomed Research & Training Limited,
PO Box 1028, Bromley, BR1 9JP

You can also **BOOK ONLINE** at: www.infomedltd.co.uk

Confirmation, venue map and receipt will follow by email.

General queries: tel. 020 8123 0021,
fax 020 8290 6917,
e-mail conferences@infomedltd.co.uk

For copy of this programme: www.infomedltd.co.uk

DELEGATE DETAILS

I will attend **Both days** (9-10 May 2012)
 Day 1 (9 May) **Day 2** (10 May)

Title First Name

Surname

Job Title

Hospital

Address for correspondence Home Work

.....

.....

.....

Post Code Country

Tel

Email *

* *Required for confirmation*

Special needs and special dietary requirements

.....

PAYMENT DETAILS

Please charge my credit/debit card with the sum of £

MasterCard Visa

Card holder name (exactly as it appears on the card):

Card Number

□□□□/□□□□/□□□□/□□□□

Valid From □□/□□ Expiry Date □□/□□

CVV Number □□□

(i.e. the last 3 digits on central signature strip on reverse side of the card)

Billing name

Billing address

Signature

Please find enclosed a cheque for the amount of
£ made payable to **Infomed Research and
Training Limited**, PO Box 1028, Bromley BR1 9JP

By **BACS**: HSBC, London Bridge Branch,
28 Borough High Street, London SE1 1YB,
Sort code: 40-06-21 Account: 81585045

GREY CASES, QUESTIONS AND ISSUES?

If you would like to submit questions in advance, feel free to
do so below. **Grey cases** can be submitted by email.

.....
.....
.....

TERMS AND CONDITIONS

1) The subscription fee includes copies of the presentations, lunch and refreshments. 2) The completed booking form together with full payment must be sent to Infomed Research and Training Limited to secure a booking. Submission of this booking constitutes a legally binding agreement. 3) Payment must be received in full prior to the event. Conference details will be issued subject to receipt of payment. We cannot be held responsible for the non-arrival of registration information. If you have not heard from us within 7 days prior to the conference, please contact us. 4) Bookings can be made by telephone but payment must be made in full by credit card at time of booking. 5) Written cancellations received 6 weeks prior to the conference will be accepted and refunded minus an administration charge of £70. We regret that no refunds can be made for cancellations received after that date, for whatever reason, although substitutions will be accepted if notified in writing 5 days or more prior to the event. 6) The Company reserves the right to alter the content and the timing of the programme or the identity of the speakers due to reasons beyond the control of the organisers. 7) The Company does not accept responsibility for loss or damage to delegates' property and/or personal effects whilst at the conference.

Infomed Research and Training Limited.

Registered in England No. 5200146. VAT No. 887 8570 48.

Registered Offices: Somers, Mounts Hill, Benenden, Kent TN17 4ET.