

11th Regional Anaesthesia Course

Live Demos from Theatre, Ultrasound Workshops and Cadaveric Anatomy Workshops organised by John Hammond Department of Anaesthesia, East Surrey Hospital

on **Tue 8 Nov** (optional afternoon) at St George's Hospital, London, and **Wed 9 Nov** and **Thu 10 Nov 2011** at East Surrey Hospital, Redhill.

Surrey and Sussex 
Healthcare NHS Trust

About the Course

- An **eyes-on** and **hands-on** guide to the many aspects of **Regional Anaesthesia** that Anaesthetists have to **deal with daily**, answering the questions: **how to do it and why**.
- A **Faculty of experienced Consultant Anaesthetists** from a variety of hospitals and backgrounds, **from the UK and abroad**, who will lecture and facilitate the workshops.

Course Director:

Dr Fred Sage, Consultant Anaesthetist, East Surrey Hospital

Members of the Faculty include:

- **Dr Lukas Kirchmair**, AUVA Trauma Center Salzburg
- **Dr Anthony Allan**, Great Western Hospital, Swindon
- **Dr Thottungal Athmaja**, Medway Maritime Hospital
- **Dr John Barcroft**, Royal National Orthopaedic Hospital
- **Dr Andrzej Król**, St George's Hospital, London
- **Dr Susanne Krone**, Queen Victoria Hospital, East Grinstead
- **Dr Jörg Kühne**, North Devon District Hospital, Barnstaple
- **Dr Amit Pawa**, Guy's and St Thomas' Hospital, London
- **Dr Timothy Pepall**, Frimley Park Hospital, Camberley
- **Dr Hersh Saxena**, Royal Surrey County Hospital, Guildford
- **Dr Sumita Saxena**, St George's Hospital, London
- **Dr Matthew Stevens**, St George's Hospital, London
- **Dr Matthew Szarko**, Lecturer in Medical Education, Anatomical Sciences, St George's Hospital, London
- **Dr Aasifa Tredray**, St George's Hospital, London
- **Dr Johann Willers**, Worthing Hospital
- **Dr Morné Wolmarans**, Norfolk & Norwich University Hospital and many more.....

Approved for 3 Points
(Part II) by ESRA

European Society of
Regional Anaesthesia



Approved for 12 CPD points
from the Royal College of Anaesthetists

WHAT'S NEW THIS YEAR?

- A *choice* of Workshops: some for beginners in RA and US, others for Anaesthetists with previous experience.
- Cadaveric Anatomy Workshops.
- Opportunity to run through several Regional Anaesthesia related clinical scenarios in a high fidelity state-of-the-art simulator lab.

LIVE INTERACTIVE DEMOS

Observe and question, **live via 2-way video/audio link**, experienced Consultants performing at least ten blocks in Theatre.

Past attendees' feedback on the Course

- Video demonstrations were excellent!
 - Live demos – splendid. It made the course very interesting.
- Good hands on sessions, small groups, good for sharing experience.
 - Brilliant course, very enthusiastic, helpful and friendly Faculty.
- Good US for small groups – very easy to ask questions, relaxed style of interaction.
 - The practical application of blocks gave me more confidence to use them.
 - Good standard of lecturing, good range of techniques.
- Encouraged me to use US in more blocks.

View **videos** of **Ankle** and **Axillary Blocks** from last year's Course [on the event webpage](#)

CADAVERIC ANATOMY WORKSHOPS (OPTIONAL) on

Tuesday 9 Nov (pm) at St George's Hospital, London: Head and Neck; Upper Limb; Abdomen; Back; and Lower Limb.

Places limited: 3 attendees per demonstrator

WORKSHOPS

Learn about both Ultrasound and Landmark-guided techniques. Practise on a wide range of US scanners from several different suppliers, using live models and phantoms.

Places limited: 4 attendees per demonstrator

Supported by unrestricted education grants from:

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Course endorsed by
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Pioneering medical technology

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World leader and specialist
in hand-carried ultrasound.

**Abbott
Anaesthesia**

DAY 1: (OPTIONAL) TUE 8 NOVEMBER 2011
AT ST GEORGE'S HOSPITAL ANATOMY DEPARTMENT

13.30 – 14.00 **Registration**

14.00 – 16.00

Cadaveric Anatomy Workshops

Led by **Dr Matthew Szarko**, Lecturer in Medical Education, Anatomical Sciences, Division of Biomedical Sciences, St George's Hospital, London, with **demonstrators from the Faculty**.

There are five Workshops.

- 1: Head and Neck**
- 2: Upper Limb**
- 3: Abdomen**
- 4: Back**
- 5: Lower Limb**

Attendees divide into five groups and rotate through each of the Workshops. Each Workshop lasts 20 minutes. Group numbers are **limited to 3 attendees per demonstrator**.

16.00 **Close**

DAY 2: WED 9 NOVEMBER 2011
AT EAST SURREY HOSPITAL, REDHILL

08.15 – 09.15 **Registration, tea and coffee**

09.15 – 09.30 **Welcome and introduction**

09.30 – 10.15

The abdominal wall and the inguinal region

Dr Matthew Szarko, Lecturer in Medical Education, Anatomical Sciences, Division of Biomedical Sciences, St George's Hospital, London

Workshops

Each Workshop lasts 50 minutes.

Each attendee attends six workshops:

- Attendees new to Regional Anaesthesia and US are required to attend workshops **1, 2 and 3**.
- Attendees with some previous experience of Regional Anaesthesia and US select **any six** of the nine Workshops to attend, though it is recommended that they attend the Level II workshops (workshops 4-9).

Attendees receive a workshops schedule on the day.

Workshop numbers are limited to **4 attendees per demonstrator**

10.20 – 11.10 **Workshops Round 1**

11.10 – 11.30 **Tea and coffee**

11.30 – 12.20 **Workshops Round 2**

12.20 – 13.10 **Workshops Round 3**

13.10 – 14.10 **Lunch, Trade Exhibition**
including opportunities to practise further

14.10 – 15.00 **Workshops Round 4**

15.00 – 15.40 **LECTURE**

'State of the Art' Lecture 1

Dr Lukas Kirchmair, Consultant Anaesthetist
AUVA Trauma Centre, Salzburg

15.40 – 16.00 **Tea and coffee**

16.00 – 16.50 **Workshops Round 5**

16.50 – 17.40 **Workshops Round 6**

17.40 **Close**

THE WORKSHOPS

LEVEL I WORKSHOPS:

FOR ATTENDEES NEW TO RA AND US

- 1 Technology, Image Generation, Probe Handling and Needling**
including opportunities to practise on phantoms
- 2 Brachial Plexus: Anatomy and Landmarks**
- 3 Lumbosacral Plexus: Anatomy and Landmarks**
- 4 Simulated Scenarios**

LEVEL II WORKSHOPS:

FOR ATTENDEES WITH PREVIOUS EXPERIENCE IN RA & US

- 5 Upper Limb – above and around Clavicle**
Interscalene, Supraclavicular and Infraclavicular Blocks
- 6 Upper Limb – below Clavicle**
- 7 Neuraxial US**
Paravertebral, Epidural and Lumbar Plexus Blocks
- 8 Abdominal Wall**
Rectus, TAP, Transversalis Fascia and Ilioinguinal Blocks
- 9 Femoral Sciatic Saphenous**
- 10 Popliteal and Ankle**



▲ Upper Limb Blocks workshop at the 5th Regional Anaesthesia Course

Right Rectus Sheath Block
live demo at the 9th Regional
Anaesthesia Course ➤



THE FACULTY

- **Dr Lukas Kirchmair**, Consultant Anaesthetist, AUVA Trauma Center Salzburg
- **Dr Anthony Allan**, Consultant Anaesthetist, Great Western Hospital, Swindon
- **Dr Thottungal Raghavan Athmaja**, Consultant Anaesthetist, Medway Maritime Hospital, Gillingham
- **Dr John Barcroft**, Consultant Anaesthetist, Royal National Orthopaedic Hospital, Stanmore
- **Dr Yasser Butt**, Anaesthetic SpR, Kingston Hospital
- **Dr Andrzej Król**, Consultant Anaesthetist, St George's Hospital, London
- **Dr Susanne Krone**, Consultant Anaesthetist, Queen Victoria Hospital, East Grinstead
- **Dr Jörg Kühne**, Consultant Anaesthetist, North Devon District Hospital, Barnstaple
- **Dr Amit Pawa**, Consultant in Anaesthesia, Guy's and St Thomas' Hospital NHS Foundation Trust
- **Dr Timothy Pepall**, Consultant Anaesthetist, Frimley Park Hospital, Camberley
- **Dr Hersh Saxena**, Consultant Anaesthetist, Royal Surrey County Hospital, Guildford
- **Dr Sumita Saxena**, Consultant Anaesthetist, St George's Hospital, London
- **Dr Matthew Stevens**, Locum Consultant Anaesthetist, St George's Hospital, London
- **Dr Matthew Szarko**, Lecturer in Medical Education, Anatomical Sciences, St George's Hospital, London
- **Dr Aasifa Tredray**, Consultant Anaesthetist, St George's Hospital, London
- **Dr Johann Willers**, Associate Specialist, Worthing Hospital
- **Dr Morné Wolmarans**, Consultant Anaesthetist, Norfolk and Norwich University Hospital

plus East Surrey Hospital Anaesthetists including:

- **Dr Visakha Gunasekera**, Consultant Anaesthetist
- **Dr Jeremy Howard**, Consultant Anaesthetist
- **Dr Ganesh Kumar**, Associate Specialist
- **Dr Simon Parrington**, Consultant Anaesthetist
- **Dr Viji Ramaiah**, Associate Specialist
- **Dr Phil Williams**, Consultant Anaesthetist
- **Dr Debajit Phukan**, Consultant Anaesthetist
- **Dr Sunil Ramessur**, Registrar in Anaesthesia
- **Dr Jeremy Howard**, Consultant Anaesthetist
- **Dr Matt Mackenzie**, Consultant Anaesthetist
- **Dr Fred Van Damme**, Consultant Anaesthetist

Thorax and Abdomen Workshop
at the 9th Regional
Anaesthesia Course ➤



DAY 3: THU 10 NOVEMBER 2011 AT EAST SURREY HOSPITAL, REDHILL

08.30 – 08.45 **Welcome and introduction**

08.45 – 11.45

Live Interactive Demos from Theatres

Live demonstrations from theatre via video/audio link to the lecture theatre, featuring at least four common procedures, Q&A and panel discussion.

The blocks demonstrated are subject to the day list.

The following have been demonstrated at the previous courses: Rectus Sheath Block Femoral/Popliteal Interpleural Block PSOAS Compartment Block Interscalene Landmarks Interscalene Block US TAP Fascia Iliaca Block

The session includes a break for *tea and coffee*.

11.45 – 12.15 **Lecture**

Peripheral Blocks for Vascular Surgery

Dr Morné Wolmarans, Consultant Anaesthetist, Norfolk and Norwich University Hospital

12.15 – 13.15 **Lunch and Trade Exhibition**

13.15 – 16.15

Live Interactive Demos from Theatres

Live demonstrations from theatre via video/audio link to the lecture theatre, featuring at least four common procedures, Q&A and panel discussion.

The blocks demonstrated are subject to the day list.

The following have been demonstrated at the previous courses: Vertical Infraclavicular Block Suprascapular Block Axillary Block Femoral/Sciatic Blocks Supraclavicular Perivascular Ankle Block

The session includes a break for *tea and coffee*.

16.15 – 17.00 **LECTURE**

What's new in regional anaesthesia?

Dr John Barcroft, Consultant Anaesthetist, Royal National Orthopaedic Hospital, Stanmore

17.00 **Close and Collection of Certificates**

GETTING THERE

Tue 8 November 2011

ST GEORGE'S HOSPITAL: Just 10 minutes' walk from Tooting Broadway underground station on the Northern Line.

Wed 9 and Thu 10 November 2011

EAST SURREY HOSPITAL has excellent transport links.

BY AIR: 10 minutes from Gatwick Airport. **BY RAIL:** Redhill and Horley stations are 35-40 minutes from London Bridge/London Victoria. **BY CAR:** just off the A23 and M25 (Junction 8). Because of its vicinity to Gatwick Airport, there are plenty of affordable hotels nearby.

Further information: You will receive further information by email with your joining instructions. Alternatively, visit www.infomedltd.co.uk

BOOKING

11th Regional Anaesthesia Course

organised by the John Hammond Department of Anaesthesia, East Surrey Hospital

on Tue 8 Nov 2011, at St George's Hospital, London SW17 0QT, and on Wed 9 and Thu 10 Nov 2011, at the PGEC, East Surrey Hospital, Redhill RH1 5RH

COURSE FEE

£540 (inc VAT) *for all three days.*

£390 (inc VAT) *for Days 2 and 3 only.*

HOW TO REGISTER

Complete delegate and payment details and:

FAX to 020 8290 6917
 or **POST to** Infomed Research & Training Ltd,
 PO Box 1028, Bromley BR1 9JP
 or **BOOK ONLINE at** www.infomedltd.co.uk
 or **BOOK BY PHONE on 020 8123 0021**

Confirmation email, joining instruction and receipt will follow.

TERMS AND CONDITIONS

1) The subscription fee includes password protected web access to faculty presentations, lunch and refreshments. 2) The completed booking form together with full payment must be sent to Infomed Research and Training Limited to secure a booking. Submission of this booking constitutes a legally binding agreement. 3) Payment must be received in full prior to the event. Course details will be issued subject to receipt of payment. We cannot be held responsible for non-arrival of registration information. If you have not heard from us within 7 days prior to the Course, please contact us. 4) Bookings can be made by telephone but payment must be made in full by credit card at time of booking. 5) Written cancellations received 6 weeks prior to the Course will be accepted and refunded minus an administration charge of £70. We regret that no refunds can be made for cancellations received after that date, for whatever reason, although substitutions will be accepted if notified in writing 5 days or more prior to the event. 6) The Company reserves the right to alter the date, content and timing of the programme or the speakers due to reasons beyond its control. Under these circumstances, The Company will not refund delegates any expenditure made on pre-booked accommodation or travelling. 7) The Company does not accept responsibility for loss of/damage to delegates' property/personal effects whilst at the Course.

DELEGATE DETAILS

I would like to attend:

All three days (8-10 Nov 11)

OR Days 2-3 (9-10 Nov 11) only

My experience in Regional Anaesthesia and Ultrasound:

I am a **beginner**

OR I have **some experience**

I will attend the following **six** Workshops **:

** *If you are a **beginner**, you must attend Workshops 1, 2 and 3, and tick any **three** other Workshops to attend*

*If you have **some experience**, please tick the **six** Workshops that you will attend (Workshops **4 to 9** recommended)*

LEVEL I WORKSHOPS for beginners in RA and US

1: Technology, Image Generation, Probe Handling and Needling

2: Brachial Plexus: Anatomy and Landmarks

3: Lumbosacral Plexus: Anatomy and Landmarks

4: Simulated scenarios

LEVEL II WORKSHOPS for attendees with some experience

5: Upper Limb – above and around Clavicle

6: Upper Limb – below Clavicle

7: Neuraxial US

8: Abdominal Wall

9: Femoral Sciatic Saphenous

10: Popliteal and Ankle

Title First Name

Surname

Job Title

Hospital

Address for correspondence Home Hospital

.....

.....

.....

Post Code Country

Tel

Email*

* Required for confirmation

Please inform Infomed if you have any special needs.

PAYMENT DETAILS

Please charge my credit/debit card with the sum of £

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Please find enclosed a cheque for the amount of £
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