

Medical Update for the General Practitioner

The practical, comprehensive and intensive two-day course for the busy, hands-on GP organised by **Infomed Research and Training**, on **Thursday 20 and Friday 21 January 2011**, at Kingsway Hall Hotel, Great Queen Street, London WC2B 5BX

ARE YOU A GP WHO IS...

- Looking for a medical update to assist in maintaining a high level of evidence based decision-making in patient care?
- Ready for a refresher course to help answer the difficult medical questions faced in day to day practice?
- Preparing for appraisal?
- Coming back from maternity leave or just been appointed?

... IF SO, THEN THIS IS THE COURSE FOR YOU!

YOU WILL BENEFIT FROM 16 LECTURES AND Q&A ON:

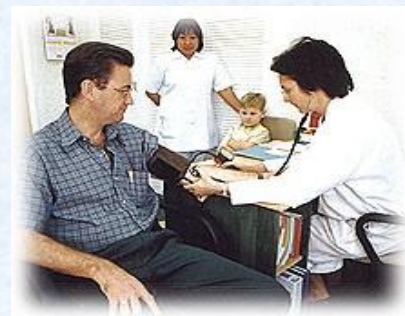
- ☑ Neurology ☑ Psychiatry ☑ Cardiology ☑ Men's Health
- ☑ Medico-Legal ☑ Women's Health ☑ Children's Health
- ☑ Teenagers ☑ Obesity ☑ Dermatology ☑ Gastroenterology
- ☑ Respiratory Medicine ☑ Diabetology and Endocrinology
- ☑ Elderly ☑ Musculoskeletal and Ultrasound

Registered delegates will be given online access to lecture slides one week before the Course.

OUR FACULTY OF 16 EXPERTS INCLUDES



- **Dr Rachel Pryke**, General Practitioner, Winyates Health Centre, Redditch
- **Dr Luke Howard**, Consultant Chest Physician, Hammersmith Hospital, London
- **Dr Janet Barter**, Consultant in Sexual and Reproductive Health, Enfield PCT
- **Dr Claire Macaulay**, Medico Legal Advisor, MDU Services Limited
- **Dr Anshoo Sahota**, Consultant Dermatologist, Whipps Cross University Hospital, London
- **Dr Pat O'Callaghan**, Consultant Cardiologist, Barts and The London NHS Trust
- **Dr Jo Turner**, Consultant Psychiatrist, South West London and St George's Mental Health NHS Trust
- **Dr Alison Wren**, Consultant Endocrinologist, Chelsea and Westminster Hospital, London
- **Dr Mike Samuel**, Consultant Neurologist, King's College Hospital, London
- **Dr Simon Holmes**, Consultant Urologist, Portsmouth Hospitals NHS Trust
- **Miss Michelle Fynes**, Director, Department of Urogynaecology and Pelvic Floor Reconstruction, St Georges Hospital, London



WHAT DELEGATES SAID ABOUT THE PREVIOUS UPDATES

Excellent - great balance of interesting topics, central London, two days of intensive work.

Lots of positive points learnt from lecturers.

Wide range of topics, smoothly run, excellent mix of consultants and GP's delivering lectures, good atmosphere. Good volume of knowledge passed on, short duration of each topic- easier to maintain concentrated.

Practical approach by all speakers, a true update. Reminded me of some info I knew, and gave me new facts. Very good speakers, relevant lectures, Q&A sessions very helpful.

Will influence my ongoing clinical practice.

Left with more confidence - more management less referral!

Great variety of subjects relevant to GPs. Wide scope of specialities, high standard of presentations.

Certificate of Attendance will be issued

DAY 1: Thursday 20 January 2011

08.45 – 09.30 **Registration, tea and coffee**

09.30 – 09.45 **Welcome and introduction by chair**

09.45 – 10.30

Respiratory Medicine

Dr Luke Howard,
Consultant Chest Physician,
Hammersmith Hospital, London

Topics to be included:

- COPD
- The breathless patient
- Asthma
- Cough
- Spirometry

10.30 – 11.15

Cardiology

Dr Pat O'Callaghan,
Consultant Cardiologist
Barts and The London NHS Trust

Topics to be included:

- Funny turns and blackouts
- AF/multiple ectopic
- Breathlessness – when to suspect the heart
- Atypical chest pain
- Hypertension

11.15 – 11.45 **Tea and coffee break**

11.45 – 12.30

Neurology

Dr Mike Samuel,
Consultant Neurologist,
King's College Hospital, London

Topics to be included:

- Migraine and other headaches – treatment and management
- Epilepsy
- Small strokes and TIA's
- Parkinson's – potential pitfalls

12.30 – 13.15

Psychiatry

Dr Jo Turner,
Consultant Psychiatrist, South West London and
St George's Mental Health NHS Trust

Topics to be included:

- Management of depression
- Managing anxiety states and OCD
- Management of medically unexplained symptoms

13.15 – 14.00 **Lunch**

14.00 – 14.45

Tackling Obesity

Dr Rachel Pryke,
General Practitioner,
Winyates Health Centre, Redditch

Topics to be included:

- Recent NICE guidelines
- Metabolic sequelae
- Recommended practice and referral pathways
- Management options and developing a team approach

14.45 – 15.30

Medico-Legal

Dr Claire Macaulay,
Medico Legal Advisor,
MDU Services Limited

Topics to be included:

- Latest GMC regulations
- How to avoid litigation
- Clinical cases – lessons to be learned
- Criminal vs. civil

15.30 – 16.00 **Tea and coffee break**

16.00 – 16.45

Women's Health

Miss Michelle M Fynes,
Director of Department of Urogynaecology and
Pelvic Floor Reconstruction,
St George's Hospital, London

Topics to be included:

- Dysmenorrhoea
- Menopause management
- Incontinence
- HRT
- Referral of adolescents

16.45 – 17.30

Men's Health

Dr Simon Holmes,
Consultant Urologist,
Portsmouth Hospitals NHS Trust

Topics to be included:

- Lower urinary tract symptoms
- Prostate
- PSA and other screening
- Impotence
- Male UT infections

17.30

Close

DAY 2: Friday 21 January 2011

08.45 – 09.30 **Registration, tea and coffee**

09.30 – 09.45 **Welcome and introduction by chair**

09.45 – 10.30

Teenagers

Dr Janet Barter,
Consultant in Sexual and Reproductive Health,
Enfield PCT

Topics to be included:

- Sexual health (chlamydia screening, STDs)
- Human papillomavirus and cervical cancer
- Mental health
- Communications, confidentiality and consent

10.30 – 11.15

Diabetology and Endocrinology

Dr Alison Wren,
Consultant Endocrinologist,
Chelsea and Westminster Hospital, London

Topics to be included:

- How to achieve diabetic control in type 2 diabetes
- Insulin vs. triple therapy
- Kidneys and Blood Pressure
- Diabetic dyslipidaemia
- Grey areas in thyroid

11.15 – 11.45 **Tea and coffee break**

11.45 – 12.30

Dermatology

Dr Anshoo Sahota,
Consultant Dermatologist,
Whipps Cross University Hospital, London

Topics to be included:

- Psoriasis
- Eczema
- Acne
- Moles

12.30 – 13.15

Gastroenterology

Dr George Webster,
Consultant Gastroenterologist,
University College Hospital, London

Topics to be included:

- Chronic diarrhoea
- Abnormal liver function tests
- Dyspepsia
- Small haematemesis
- Chronic abdominal pain (e.g. IBS and diverticulosis)
- Rectal bleeding

13.15 – 14.00 **Lunch**

14.00 – 14.45

Children's Health

Dr Kim Barrett,
Consultant Paediatrician,
Sunderland Children's Centre

Topics to be included:

- Vomiting babies
- Childhood rashes
- Allergy testing
- Murmurs
- Immunisation

14.45 – 15.30

Musculoskeletal

Mr Robert Laus,
Physiotherapist,
Waterside Physiotherapy Clinic, London

Topics to be included:

- Hips and knees
- Back and shoulder pain
- Tendons
- Tennis elbow
- Using Ultrasound to assess MSK injuries

15.30 – 15.45 **Tea and coffee break**

15.45 – 16.30

How can USS Help in General Practice? An Introduction to Basic USS

Dr Tim Harris,
Consultant in Emergency Medicine,
Royal London Hospital

Topics to be included:

- AAA
- Biliary disease
- Confirming intrauterine pregnancy
- Basic musculoskeletal USS
- Costs of equipment

16.30 – 17.15

Elderly

Dr Frances Dockery,
Consultant Physician,
Department of Ageing and Health,
St Thomas's Hospital, London

Topics to be included:

- Osteoporosis
- Mobility, falls, Syncope
- Comprehensive Geriatric Assessment (e.g. vision, hearing, memory, etc.)

17.15 **Close**

Booking Form

6th Medical Update for the GP

The practical, comprehensive and intensive two-day Course for the busy, hands-on GP

organised by Infomed Research and Training,
on Thursday 20 and Friday 21 January 2011,
in Holborn, central London

COURSE FEE

Reduced fee

20 places left as of 4 Jan 11:

£350 (incl. VAT) **for the two days**

£200 (incl. VAT) **daily rate.**

Course fee does not include accommodation.

HOW TO REGISTER

Complete delegate and payment details, below,
and fax to **+44 (0)20 8290 6917** or post to:

Infomed Research & Training Limited,
PO BOX 1028, Bromley BR1 9JP

Alternatively, **BOOK ONLINE** at www.infomedltd.co.uk

Confirmation, venue location map and receipt will be
sent to you **by email**.

General queries: **tel. 020 8123 0021**

e-mail: courses@infomedltd.co.uk

For information on accommodation: www.infomedltd.co.uk

DELEGATE DETAILS

I will attend

Both days (Thu 20 Jan 11 and Fri 21 Jan 11)

Day 1 only (Thu 20 Jan 11) **Day 2** only (Fri 21 Jan 11)

Title First Name

Surname

Job Title

Practice Name, Town

Address for correspondence Home Practice

.....

.....

Post Code Country

Tel

Email *

* Required for confirmation

Please inform Infomed if you have any special needs

PAYMENT DETAILS

Please charge my credit/debit card with the sum of £

Mastercard Visa Maestro Issue No

Card holder name:

Card Number

/ / /

Valid From / Expiry Date /

CVV Number

(i.e. the last 3 digits on central signature strip on reverse side of the card)

Please find enclosed a cheque for the amount of £.....
made payable to Infomed Research & Training Ltd

By **BACS**: HSBC, London Bridge Branch,
28 Borough High Street, London SE1 1YB,
Sort code: 40-06-21 Account: 81585045

Please **invoice** my organisation:
quoting Ref/Order No
(Purchase Order No. is **required**)

Invoicing details, including the **name**, contact **number**
and **address** of the **person responsible for payment**:

Name

Department

Organisation

Address

.....

.....

..... Post Code

Tel

Email

TERMS AND CONDITIONS

1) The subscription fee includes password protected web access to faculty presentations, lunch and refreshments. 2) The completed booking form together with full payment must be sent to Infomed Research and Training Limited to secure a booking. Submission of this booking constitutes a legally binding agreement. 3) Payment must be received in full prior to the event. Course details will be issued subject to receipt of payment. We cannot be held responsible for the non-arrival of registration information. If you have not heard from us within 7 days prior to the Course, please contact us. 4) Bookings can be made by telephone but payment must be made in full by credit card at time of booking. 5) Written cancellations received 6 weeks prior to the Course will be accepted and refunded minus an administration charge of £70. We regret that no refunds can be made for cancellations received after that date, for whatever reason, although substitutions will be accepted if notified in writing 5 days or more prior to the event. 6) The Company reserves the right to alter the date, content and timing of the programme or the identity of the speakers due to reasons beyond its control. Under these circumstances, The Company will not refund delegates any expenditure made on pre-booked accommodation or travelling. 7) The Company does not accept responsibility for loss/damage delegates' property/personal effects whilst at the Course.

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