

Building on the success of the last five years

5th Practical Paediatrics

A practical update for busy Paediatricians on managing day-to-day common outpatient and ward clinical dilemmas and issues.

Organised by **Infomed Research and Training Limited** on **Thursday 24 and Friday 25 June 2010**, at the **Kingsway Hall Hotel, Holborn, London WC2B 5BX**



Faculty includes:

- **Dr James Gnanapragasam**, Consultant Paediatric Cardiologist, Wessex Cardiac Unit, **Southampton General Hospital**
- **Dr Mary-Anne Morris**, Paediatric Consultant, Paediatric Gastroenterologist, **Norfolk and Norwich University Hospital**
- **Mr Joe Curry**, Consultant in Paediatric Surgery, **GOSH, London**
- **Dr Michael Champion**, Consultant in Paediatric Metabolic Medicine, **Evelina Children's Hospital, London**
- **Dr Ruth Williams**, Consultant Paediatric Neurologist, **Evelina Children's Hospital, London**
- **Dr Athimalaipet Ramanan**, Lead Consultant in Paediatric Rheumatology, **Bristol Royal Hospital for Children**
- **Dr Nicola Bridges**, Consultant Paediatric Endocrinologist, **Chelsea and Westminster Hospital, London**
- **Prof Ricky Richardson**, Consultant Paediatrician, **GOSH, London**
- **Dr Russell Viner**, Reader in Adolescent Health, **UCL Institute of Child Health, London**
- **Dr Richard Trompeter**, Consultant Paediatric Nephrologist, **GOSH, London**
- **Dr George Du Toit**, Consultant in Paediatric Allergy, **Evelina Children's Hospital, London**
- **Dr Morag Campbell**, Consultant Neonatologist, **St Thomas' Hospital, London**
- **Dr Amaka Offiah**, HEFCE Clinical Senior Lecturer, University of Sheffield, and Hon Consultant Paediatrician, **Sheffield Children's Hospital**
- **Dr Sally Old**, MDU Services Limited

About the conference:

- Aimed at Paediatric **Consultants** and **Middle Grades** with a **practical focus** on both the speciality and related disciplines that impact on it
- Faculty comprising leading Paediatricians and other specialists who are **actually doing the job** and can supply the expert, **up-to-date** and **evidence-based information**
- Draws **on the know-how of key specialists** from Paediatric Cardiology, Metabolic Medicine, Gastroenterology, Surgery, Neurology, Respiratory Medicine, Rheumatology, Nephro-Urology, Endocrinology, Neonatology, Allergy and Adolescent Medicine
- This year's new topics include **Obesity, Neonatal, Allergies** and **Special Needs**
- Advice to Paediatricians on ordering the **appropriate investigations**, **interpreting the results** and **getting the right diagnosis** and **treatment**



What previous delegates have said:

- *Presentation of important topics, excellent speakers.*
- *Speakers choice very good – practical advice on commonly seen problems – relevant to daily practice.*
- *Good common topics, time keeping, good speakers, time for Q&A.*
- *CD good idea, very good organisation.*
 - *Excellent general coverage for general paediatricians – top tips.*
 - *All the speakers gave high quality and interesting presentations, covered good range of subjects.*
 - *Sharp and enthusiastic speakers, informal day, allowing full discussion.*
 - *Variety of topics, frequent breaks, excellent catering.*
 - *All speakers and the organisers stretch to the allocated time, well done!*
 - *Excellent – wide range of interesting topics and relevant to my practice.*

Book and pay by phone on 020 8123 0021
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Approved by the Royal College of Paediatrics and Child Health for **10 CPD Points**

Practical Paediatrics Conference

All of the lectures are structured so as the subject is fully expounded at a level suitable for the hands on Paediatrician:

- The method – who to investigate and how
- The nuances – problems and solutions
- The Management Tips on treatment
- The critique – comments and interaction

Questions and answers session follows each lecture

DAY 1: Thursday 24 June 2010

08.30 – 09.15 **Registration**

09.15 – 09.30 **Introduction and welcome**

09.30 – 10.15

Cardiology

Dr James Gnanapragasam,
Consultant Paediatric Cardiologist, Wessex Cardiac Unit,
Southampton General Hospital

Topics to be covered:

- Paediatric ECGs – all you need to know
- Approach to the child with a murmur
- Chest pain – when to refer
- Syncope – when to refer

10.15 – 11.00

Metabolic Disease of Childhood

Dr Michael Champion,
Consultant in Paediatric Metabolic Medicine,
Evelina Children's Hospital, London

Topics to be covered:

- Approach to the metabolic case
- Neonatal presentations
- Acute investigations and management

11.00 – 11.30 **Tea and coffee break**

11.30 – 12.15

Obesity in Children and Adolescents

Dr Russell Viner,
Reader in Adolescent Health, UCL Institute of Child
Health, London, and Hon. Consultant in Adolescent
Medicine and Endocrinology, University College Hospital
and Great Ormond Street Hospital, London

Topics to be covered:

- Key assessment on presentation – when to refer
- Genetic risks
- Review of evidence behind current approaches
- Recommended practice; referral pathways; guidelines for treatment and management
- Behavioural treatment – evidence

12.15 – 13.00

Gastroenterology

Dr Mary-Anne Morris,
Paediatric Consultant, Paediatric Gastroenterologist,
Norfolk and Norwich University Hospital

Topics to be covered:

- Gut dysmotility and its associated problems
- Practical approach to a child with abdominal pain
- Update on Inflammatory bowel disease

13.00 – 13.45 **Lunch**

13.45 – 14.30

Paediatric Surgery

Mr Joe Curry,
Consultant in Paediatric Surgery,
Great Ormond Street Hospital for Children, London

Topics to be covered:

- When to involve the surgeon and when to hold on
- Early recognition and management of paediatric surgical emergencies
- Bilious vomiting – pitfalls in diagnosis
- Abdominal pain – pitfalls in diagnosis
- Hernias and other "minor" surgical problems

14.30 – 15.15

The problems of Urinary Tract Infection and Enuresis in Children

Dr Richard Trompeter,
Consultant Paediatric Nephrologist,
Great Ormond Street Hospital for Children NHS Trust

Topics to be covered:

- Paediatric bladder dysfunction
- Overactive bladder/dysfunctional voiding
- Spinal dysraphisms and the neuropathic bladder
- Update on urinary tract infections

15.15 – 15.30 **Tea and coffee break**

15.30 – 16.15

Respiratory – Top Tips

Dr Paul Aurora,
Consultant in Paediatric Respiratory Medicine,
Great Ormond Street Hospital for Children, London

Topics to be covered:

- Wheezy infants – when is it asthma?
- What tests are useful?
- The child with recurrent chest infections
- Top tips for management of chronic cough

16.15 – 17.00

Rheumatology

Dr Athimalaipet Ramanan,
Lead Consultant in Paediatric Rheumatology,
Bristol Royal Hospital for Children, and
Royal National Hospital for Rheumatic Diseases

Topics to be covered:

- Pain amplification syndromes including chronic fatigue
- Mechanical joint pain including hypermobility syndrome
- Update on JIA

17.00

Close

DAY 2: Friday 25 June 2010

08.30 – 09.00 **Registration**

09.00 – 09.15 **Introduction and welcome**

09.15 – 10.00

Neurology

Dr Ruth Williams, Consultant Paediatric Neurologist, Evelina Children's Hospital, London

Topics to be covered:

- The neurological examination
- Chronic headaches – when to worry, when to investigate, practical management
- Epilepsy update

10.00 – 10.45

Allergies: Diagnosis, Treatment and management

Dr George Du Toit, Consultant in Paediatric Allergy, Evelina Children's Hospital, London

Topics to be covered:

- The Allergic March in Childhood
- The Food Allergic March in Childhood
- Prevention of Food Allergy
- The child at risk
- When to refer the allergic child

10.45 – 11.15 **Tea and coffee break**

11.15 – 12.00

Endocrinology

Dr Nicola Bridges, Consultant Paediatric Endocrinologist, Chelsea and Westminster Hospital, London

Topics to be covered:

- Growth and pubertal problems – a practical guide for investigation and management
- Diabetes in young people
- Thyroid disorders
- Grey cases on above topics

12.00 – 12.45

Neonatal

Dr Morag Campbell, Consultant Neonatologist and Head of Service, NICU, St Thomas' Hospital, London

Topics to be covered:

- Respiratory failure in the newborn
- Neonatal hypotension
- When to refer
- Follow-up and monitoring

12.45 – 13.30 **Lunch**

13.30 – 14.15

Radiological Features of Child Abuse

Dr Amaka Offiah, HEFCE Clinical Senior Lecturer, University of Sheffield, and Hon Consultant Paediatrician, Sheffield Children's Hospital

By the end of this lecture, delegates will have acquired some understanding of the following:

- Prevalence and types of abuse in the UK
- Imaging protocol when abuse is suspected
- Common and rare presentations of physical abuse in infants and children
- Mechanisms of injuries seen in abused children
- Radiological dating of fractures
- Conditions that the radiologist may confuse with abuse
- Areas of contention between experts

14.15 – 15.00

Child Assessment – Special Needs?

Prof Ricky Richardson, Consultant Paediatrician, Great Ormond Street Hospital for Children, London

Topics to be covered:

- Dyslexia, dyspraxia, ADHD
- Behavioural difficulties
- Language delays and communications
- Social and integration difficulties

15.00 – 15.15 **Tea and coffee break**

15.15 – 16.15

Legal Issues and Consent in Paediatrics

Dr Sally Old, MDU Services Limited

Topics to be covered:

- Refusal to treatment – what are the child's rights?
- Current legislation – knowing your rights
- Who can consent to treatment
- Avoiding problems in practice – some cases

16.15

Close



Booking

5th Practical Paediatrics

Conference for doctors dealing with paediatric patients

Organised by **Infomed Research and Training** on **Thursday 24 and Friday 25 June 2010**, at the Kingsway Hall Hotel, Holborn, London WC2B 5BX

COURSE FEE (INC. VAT)

Early Bookers Rate:

Book and pay on or before 19 April 2010
£450 for both days; £270 daily rate.

Standard Rate:

Book from 20 April 2010
£495 for both days; £300 daily rate.

HOW TO REGISTER

Complete delegate and payment details below and fax to **020 8290 6917** or post to:

Infomed Research & Training Limited,
PO Box 1028, Bromley, BR1 9JP

Alternatively, **BOOK ONLINE** at www.infomedltd.co.uk

Confirmation, venue location map and receipt will be sent to you **by email**.

General queries:

tel. **020 8123 0021**

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DELEGATE DETAILS

I will attend: **Both days** (Thu 24 and Fri 25 Jun 10)

Day 1 only (Thu 24 Jun 10) **Day 2** only (Fri 25 Jun 10)

Title First Name

Surname

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