

**Building on the success of the last three years
and in response to popular demand!**

5th Medical Update for the Psychiatrist

A **must attend** practical Course with Lectures and Discussion Forums
This **unique** course is organised by Infomed Research and Training,
on **Wednesday 19 and Thursday 20 May 2010**,
at the **Kingsway Hall Hotel, Great Queen Street, London**

Up to 12 (6 per day)
CPD Points
Certificate of Attendance issued

Faculty of specialists and psychiatrists includes:

- **Dr Ceri Davies**, Consultant Cardiologist, Barts and The London NHS Trust
- **Dr George Webster**, Consultant Gastroenterologist, University College Hospital, London
- **Dr Alison Wren**, Consultant Endocrinologist, Chelsea and Westminster Hospital, London
- **Dr Claudine Domoney**, Consultant in Gynaecology, Chelsea and Westminster Hospital, London
- **Dr Nicola Mackie**, Consultant in HIV and AIDS, St Mary's Hospital, London
- **Dr Jon Poole**, Consultant Occupational Physician, Dudley and Walsall NHS Trust
- **Dr Catherine Walsh**, Consultant Liaison Psychiatrist, Addenbrooke's Hospital, Cambridge
- **Dr Max Henderson**, Consultant Liaison Psychiatrist, Kings College Hospital & Maudsley Hospital, Lecturer in Liaison Psychiatry, Institute of Psychiatry
- **Dr Jo Turner**, Consultant Psychiatrist, South West London and St George's Mental Health NHS Trust
- **Dr Andy Kent**, Consultant Psychiatrist and Reader in Psychiatry, St George's, University of London
- **Dr Niruj Agrawal**, Consultant Neuropsychiatrist, St George's Hospital



What attendees said about the previous Updates:

- *High quality lectures, great range of topics and excellent speakers.*
 - *Lots of time for discussion and fantastic up to date info.*
- *I had been trying to find a course like this for ages – I came after positive feedback from colleagues*
 - *Well planned and organised – discussion forums are a great idea.*
 - *Relevant to my practice – focus on key problems.*
 - *Course well structured – clinical relevance and clarity*
 - *A Psychiatrist for 10 years and never had a medical update - glad I came to this!*
- *I think all Psychiatrists should attend this Update to refresh medical knowledge.*
- *Great variety of good topics – proactive and informative.*

About this well established Course:

- Aimed at **Consultants, Registrars** and **Staff Grades** working in **Psychiatry**
- A **practical** focus on the management of **difficult medical disorders relevant to Psychiatric practice** – what you *won't* find in the **textbooks**
- **Submit** or bring your **own real grey cases** for discussion in the **Forums**
- Focuses on the **day-to-day medical problems** that the Psychiatrist needs to deal with
- **Lectures by leading Physicians** with a proven track record in the dissemination of medical know-how to front-line Clinicians
- **Eight Discussion Forums** for detailed, practical discussion of grey cases in Psychiatric practice, in the clinic or on the wards, involving the medical specialities addressed in the lectures earlier in the day – in depth analysis of real life cases provided by hands-on Psychiatrists



Book Online at www.infomedltd.co.uk or call ☎ 020 8123 0021

DAY 1: Wednesday 19 May 2010

08.30 – 09.00 **Registration**

09.00 – 09.15 **Welcome and introduction**

09.15 – 10.00

Neurology: Guide to Neurological Investigation

Dr Nicholas Moran,
Consultant Neurologist,

Sample of topics to be included:

- The 5-minute neuro exam
- When to ask for neuroimaging – clinical investigations
- Epilepsy and the psychiatrist
- Dementia, Parkinson's – potential pitfalls
- Antipsychotic drugs and seizures

10.00 – 10.45

Perinatal Health

Dr Andy Kent,
Consultant Psychiatrist and Reader in Psychiatry,
St George's, University of London

Sample of topics to be included:

- Mental illness related to childbearing
- Management of pregnant women with mental health problems
- Psychotropic medication in pregnancy and lactation
- NICE guidelines on antenatal and postnatal mental health
- Perinatal mental health services

10.45 – 11.15 **Tea and coffee break**

11.15 – 12.00

HIV

Dr Nicola Mackie,
Consultant in HIV and AIDS,
St Mary's Hospital, London

Sample of topics to be included:

- HIV/AIDS – epidemiology and clinical presentation
- HIV/AIDS – neuropsychiatric complications
- Treatment of HIV – antiretrovirals – psychological sequelae and interactions
- Adherence to treatment
- Ethical and legal issues of HIV in mental illness

12.00 – 12.45

Occupational Medicine

Dr Jon Poole,
Consultant Occupational Physician,
Dudley and Walsall NHS Trust

Sample of topics to be included:

- Capacity for work, capacity to drive
- Occupational mental illness
- Rehabilitation
- Disability Discrimination Act
- Illness deception

12.45 – 13.45

Lunch

Four Discussion Forums

Delegates split into four groups. Each group rotates through the four Discussion Forums, *A, B, C and D*, so **each delegate attends every Forum**.

Each Forum involves detailed, practical discussion of grey cases in Psychiatric practice, in the clinic or on the wards, involving the medical specialities addressed in the lectures earlier in the day – in depth analysis of real life cases provided by hands-on Psychiatrists who ask: **what should a Psychiatrist do next?**

13.45 – 14.30

Round 1

14.30 – 15.15

Round 2

15.15 – 15.30

Tea and coffee break

15.30 – 16.15

Round 3

16.15 – 17.00

Round 4

17.00

Close

THE DISCUSSION FORUMS, DAY 1

DISCUSSION FORUM A

Neurology: Guide to Neurological Investigation

Facilitated by a **Dr Niruj Agrawal**, Consultant Neuropsychiatrist,
St George's Hospital,
with **Dr Nicholas Moran**, Consultant Neurologist

DISCUSSION FORUM B

Perinatal Mental Health

Facilitated by **Dr Jo Turner**, Consultant Psychiatrist,
South West London and St George's Mental Health NHS Trust,
with **Dr Andy Kent**, Consultant Psychiatrist, and Reader in
Psychiatry, St George's, University of London

DISCUSSION FORUM C

HIV

Facilitated by **Dr Angharad Ruttley**, Locum Consultant in
Liaison Psychiatry, Department of Liaison Psychiatry,
Hammersmith Hospital, with **Dr Nicola Mackie**, Consultant in
HIV and AIDS, St Mary's Hospital, London

DISCUSSION FORUM D

Occupational Medicine

Facilitated by **Dr Max Henderson**, Consultant Liaison
Psychiatrist, Kings College Hospital & Maudsley Hospital, with
Dr Jon Poole, Consultant Occupational Physician, Dudley and
Walsall NHS Trust

DAY 2: Thursday 20 May 201008.30 – 09.00 **Registration**09.00 – 09.15 **Welcome and introduction**

09.15 – 10.00

Update on Sexual and Reproductive Health

Dr Claudine Domoney,
Consultant in Gynaecology,
Chelsea and Westminster Hospital, London

Sample of topics to be included:

- PMT – managing the effects
- Menstrual cycle – effects on mental illness
- Update on HRT and Menopause
- Medical treatment for sexual dysfunction (eg. loss of libido, dyspareunia)

10.00 – 10.45

Endocrinology

Dr Alison Wren,
Consultant Endocrinologist,
Chelsea and Westminster Hospital, London

Sample of topics to be included:

- Link between diabetes and schizophrenia including the role of antipsychotic medications
- Management of diabetes and cardiovascular risk in patients with severe mental illness
- A pragmatic approach to managing diabetes and CVD in SMI
- Management of common side effects of psychiatric medications

10.45 – 11.15 **Tea and coffee break**

11.15 – 12.00

Cardiovascular Issues

Dr Ceri Davies,
Consultant Cardiologist, Barts and The London NHS Trust

Sample of topics to be included:

- Identifying problems on the ECG
- Psychotropic medication and the heart
- Chest pain – when to take it further?
- Sudden death syndromes
- Problems with clozapine
- Management of common side effects of psychiatric medications

12.00 – 12.45

Hepatology

Dr George Webster,
Consultant Gastroenterologist,
University College Hospital, London

Sample of topics to be included:

- Hep B, Hep C and treatment with interferon
- Abnormal LFT's – what do they mean?
- Anti-depressants and liver disease
- Liver transplants – pointers for psychiatric assessment
- Paracetamol
- Management of common side effects of psychiatric medications

12.45 – 13.45

Lunch**Four Discussion Forums**

Delegates split into four groups. Each group rotates through the four Discussion Forums, *E, F, G* and *H*, so **each delegate attends every Forum**.

Each Forum involves detailed, practical discussion of grey cases in Psychiatric practice, in the clinic or on the wards, involving the medical specialities addressed in the lectures earlier in the day – in depth analysis of real life cases provided by hands-on Psychiatrists who ask: **what should a Psychiatrist do next?**

13.45 – 14.30

Round 1

14.30 – 15.15

Round 2

15.15 – 15.30

Tea and coffee break

15.30 – 16.15

Round 3

16.15 – 17.00

Round 4

17.00

Collect Certificate and Close**THE DISCUSSION FORUMS, DAY 2****DISCUSSION FORUM E****Update on Sexual and Reproductive Health**

Facilitated by **Dr Edwina Williams**, Consultant Perinatal Psychiatrist, University College London Hospital with **Dr Claudine Domoney**, Consultant in Gynaecology, Chelsea and Westminster Hospital, London

DISCUSSION FORUM F**Endocrinology**

Facilitated by **Dr Sajeeva Jayalath**, Consultant Psychiatrist, Bedford West CMHT with **Dr Alison Wren**, Consultant Endocrinologist, Chelsea and Westminster Hospital, London

DISCUSSION FORUM G**Cardiovascular Issues**

Facilitated by a Consultant Psychiatrist, name **TBC**, with **Dr Ceri Davies**, Consultant Cardiologist, Barts and The London NHS Trust

DISCUSSION FORUM H**Hepatology**

Facilitated by **Dr Catherine Walsh**, Consultant Liaison Psychiatrist, Addenbrooke's Hospital, Cambridge with **Dr George Webster**, Consultant Gastroenterologist, University College Hospital, London

Booking

5th Medical Update for the Psychiatrist

organised by Infomed Research and Training,
on **Wednesday 19 and Thursday 20 May 2010**
at the Kingsway Hall Hotel, 66 Great Queen Street,
London WC2B 5BX

DELEGATE RATE

£495 (incl. VAT) **for the two days**

£320 (incl. VAT) **daily rate**

Delegate rate does not include accommodation.

How To Book

Complete delegate and payment details, below,
and fax to 020 8290 6917 or post to:

Infomed Research & Training Limited,
PO Box 1028, Bromley, BR1 9JP

You can also **BOOK ONLINE** at: www.infomedltd.co.uk

Confirmation, venue map and receipt will follow by email.

General queries: tel. 020 8123 0021,
fax 020 8290 6917,
e-mail conferences@infomedltd.co.uk

For copy of this programme: www.infomedltd.co.uk

DELEGATE DETAILS

I will attend **Both days** (19-20 May 2010)

Day 1 (19 May)

Day 2 (20 May)

Title First Name

Surname

Job Title

Hospital

Address for correspondence Home Hospital

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Post Code Country

Tel

Email *

* *Required for confirmation*

Special needs and special dietary requirements

PAYMENT DETAILS

Please charge my credit/debit card with the sum of £

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Valid From / Expiry Date /

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.....

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Please find enclosed a cheque for the amount of £ made payable to **Infomed Research and Training Limited**, PO Box 1028, Bromley BR1 9JP

By **BACS**: HSBC, London Bridge Branch,
28 Borough High Street, London SE1 1YB,
Sort code: 40-06-21 Account: 81585045

GREY CASES, QUESTIONS AND ISSUES?

If you would like to submit questions in advance, feel free to do so below. **Grey cases** can be submitted by email.

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TERMS AND CONDITIONS

1) The subscription fee includes copies of the presentations, lunch and refreshments. 2) The completed booking form together with full payment must be sent to Infomed Research and Training Limited to secure a booking. Submission of this booking constitutes a legally binding agreement. 3) Payment must be received in full prior to the event. Conference details will be issued subject to receipt of payment. We cannot be held responsible for the non-arrival of registration information. If you have not heard from us within 7 days prior to the conference, please contact us. 4) Bookings can be made by telephone but payment must be made in full by credit card at time of booking. 5) Written cancellations received 6 weeks prior to the conference will be accepted and refunded minus an administration charge of £70. We regret that no refunds can be made for cancellations received after that date, for whatever reason, although substitutions will be accepted if notified in writing 5 days or more prior to the event. 6) The Company reserves the right to alter the content and the timing of the programme or the identity of the speakers due to reasons beyond the control of the organisers. 7) The Company does not accept responsibility for loss or damage to delegates' property and/or personal effects whilst at the conference.

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