

Early Bird Fees are available!

In response to popular demand!

2nd Medical Update for the Child and Adolescent Psychiatrist

A unique, practical Course with Lectures and Discussion Forums organised by Infomed Research and Training on **Monday 10 and Tuesday 11 May 2010**, at the Russell Square Conference Centre, 10-12 Russell Square, London WC1B 5EH

Early Bookers Discount!
Book before
20 March 2010

About this Course:

- Aimed at Consultants, Registrars and Staff Grades working in Child and Adolescent Psychiatry.
- A practical focus on the management of difficult medical disorders relevant to Psychiatric practice – what you *won't* find in the textbooks.
- An excellent Faculty of leading consultants with a proven track record in the dissemination of medical know-how to front-line Psychiatrists.
- **Six Discussion Forums** for detailed, practical discussion of grey cases in Psychiatric practice, in the clinic or on the wards, involving the medical specialities addressed in the lectures earlier in the day.
- **Submit** or bring your **own real grey cases** for discussion in the **Forums**.



Course Chair:

Dr Angela Mijovic, Consultant Child and Adolescent Psychiatrist, Oxleas NHS Foundation Trust

Faculty of specialists and psychiatrists includes:



- **Professor Frank Besag**, Consultant Child and Adolescent Psychiatrist, Bedfordshire and Luton Community NHS Trust
- **Dr James Gnanapragasam**, Consultant Paediatric Cardiologist, Southampton General Hospital
- **Dr Janet Barter**, Consultant in Sexual and Reproductive Health, Enfield PCT
- **Dr Ruth Williams**, Consultant Paediatric Neurologist, Evelina Children's Hospital, London
- **Dr Paul Robinson**, Consultant Psychiatrist in Eating Disorders, Russell Unit, St Ann's Eating Disorders Service, London
- **Dr Krystyna Matyka**, Consultant Paediatric Endocrinologist, University Hospitals Coventry and Warwickshire NHS Trust, and Senior Clinical Lecturer, University of Warwick
- **Dr Evangeline Wassmer**, Consultant Paediatric Neurologist, Birmingham Children's Hospital
- **Dr Esther Crawley**, Consultant Paediatrician, Royal National Hospital for Rheumatic Diseases, Bath
- **Dr Ui Peng Khoo**, Consultant Child and Adolescent Psychiatrist, North West Surrey CAMHS
- **Dr Mima Simic**, Consultant Child and Adolescent Psychiatrist, Child and Adolescent Eating Disorder Service, Maudsley Hospital, London

**Up to 12 (6 per day)
CPD Points**
Certificate of Attendance issued

What attendees said about the previous Updates:

- High quality lectures, great range of topics and excellent speakers.
 - Lots of time for discussion and fantastic up to date info.
- I had been trying to find a course like this for ages – I came after positive feedback from colleagues.
 - Well planned and organised – discussion forums are a great idea.
 - Relevant to my practice – focus on key problems.
 - Course well structured – clinical relevance and clarity.
 - A Psychiatrist for 10 years and never had a medical update – glad I came to this!
- I think all Psychiatrists should attend this Update to refresh medical knowledge.



Limited places available

Register Online www.infomedltd.co.uk or call 020 8123 0021

About the Course

- Builds on the **highly successful and acclaimed 'Medical Update for the Psychiatrist'**.
- A **practical** focus on the management of difficult medical disorders **relevant to Child and Adolescent Psychiatric practice – what you won't find in the textbooks.**
- **Aimed at Consultants, Registrars and Staff Grades** working in **Child and Adolescent Psychiatry.**
- **Lectures by leading Consultants** with a proven track record in the dissemination of medical know-how to front-line Psychiatrists.
- **Six Discussion Forums** for detailed, practical discussion of grey cases.

DAY 1: Monday 10 May 2010

08.45 – 09.30 **Registration**

09.30 – 09.45 **Welcome and introduction**

Morning Session

Chaired by **Dr Angela Mijovic**,
Consultant Child and Adolescent Psychiatrist,
Oxleas NHS Foundation Trust

09.45 – 10.45

The General Physical Examination *Practical aspects*

Dr Evangeline Wassmer, Consultant Paediatric Neurologist,
Birmingham Children's Hospital

- Establishing a clear base-line
- Identifying the common syndromes,
e.g. fragile X, marfan syndrome, klinefelter syndrome
- Assessing for autism and ADHD
- Blood pressure guidelines – expected, normal

10.45 – 11.45

Cardiology

Dr James Gnanapragasam, Consultant Paediatric
Cardiologist, Southampton General Hospital

- Cardiac effect of psychiatric medications
- Sudden cardiac death in children

11.45 – 12.00 **Tea and coffee break**

12.00 – 13.00

Neurology

Dr Ruth Williams, Consultant Paediatric Neurologist,
Evelina Children's Hospital, London

- The practical neurological examination
- Epilepsy and first seizure
- Chronic and migraine headaches
- Impact of psychiatric medications

13.00 – 13.45

Lunch

13.45 – 17.00

Three Discussion Forums

Delegates split into three groups. Each group rotates through the three Discussion Forums, A, B, and C, so **each delegate attends every Forum.**

Each Forum involves detailed, practical discussion of grey cases in Child and Adolescent Psychiatric practice, in the clinic or on the wards, relating to the topics addressed in the lectures earlier in the day

13.45 – 14.45

Round 1

14.45 – 15.45

Round 2

15.45 – 16.00

Tea and coffee break

16.00 – 17.00

Round 3

17.00

Close

DAY 1 - DISCUSSION FORUMS

DISCUSSION FORUM A

The General Physical Examination

Facilitated by **Dr Ui Peng Khoo**, Consultant Child and Adolescent Psychiatrist, North West Surrey CAMHS,
with **Dr Evangeline Wassmer**, Consultant Paediatric Neurologist, Birmingham Children's Hospital

DISCUSSION FORUM B

Cardiology

Facilitated by **Dr Angela Mijovic**, Consultant Child and Adolescent Psychiatrist, Oxleas NHS Foundation Trust,
with **Dr James Gnanapragasam**, Consultant Paediatric Cardiologist, Southampton General Hospital

DISCUSSION FORUM C

Neurology

Facilitated by **Professor Frank Besag**,
Consultant Child and Adolescent Psychiatrist,
Bedfordshire and Luton Community NHS Trust,
with **Dr Ruth Williams**, Consultant Paediatric Neurologist,
Evelina Children's Hospital, London

DAY 2: Tuesday 11 May 2010

08.45 – 09.30 **Registration**

09.30 – 09.45 **Welcome and introduction**

Morning Session

Chaired by **Dr Angela Mijovic**,
Consultant Child and Adolescent Psychiatrist,
Oxleas NHS Foundation Trust

09.45 – 10.30

Endocrinology

Dr Krystyna Matyka, Consultant Paediatric Endocrinologist,
University Hospitals Coventry and Warwickshire NHS Trust,
and Senior Clinical Lecturer, University of Warwick

- Stunted growth and stimulants – endocrinologist's point of view
- Monitoring, management and medication – thyroid dysfunction mimicking psychiatric disorders, obesity
- Fasting hyperglycaemia/abnormal GTT/weight gain in children and adolescents on neuroleptics
- Monitoring the diabetic patient

10.30 – 11.15

The Medical Aspects of Eating Disorders

Dr Paul Robinson, Consultant Psychiatrist in Eating Disorders,
Russell Unit, St Ann's Eating Disorders Service, London

- Anorexia
- Bulimia nervosa
- Binge eating disorder
- Key investigations and practical medical management

11.15 – 11.30 **Tea and coffee break**

11.30 – 12.15

Update on Sexual and Reproductive Health

Dr Janet Barter, Consultant in Sexual and Reproductive Health,
Enfield PCT

- Teenage pregnancy – teratogenicity, pharmacokinetic, and disorders
- Stimulants during pregnancy
- Abortions – consent, mental and legal issues
- Menstrual cycle – effects on mental illness
- STDs - Risk management, common and uncommon manifestations, where to send them next
- Issues on HIV and psychiatric patients

12.15 – 13.15

Chronic Fatigue Syndrome/ME (Lecture and discussion)

Dr Esther Crawley, Consultant Paediatrician,
Royal National Hospital for Rheumatic Diseases, Bath

- A quick view of the NICE Guidelines
- Presentation, symptoms, blood tests prior to diagnosis
- Procedures to prognosis – setbacks/relapses
- Management and medication
- CBT – anxiety or low mood or difficulty with change

13.15 – 14.00 **Lunch**

14.00 – 17.00

Three Discussion Forums

Delegates split into three groups. Each group rotates through the three Discussion Forums, D, E, and F, so **each delegate attends every Forum**.

Each Forum involves detailed, practical discussion of grey cases in Child and Adolescent Psychiatric practice, in the clinic or on the wards, relating to the topics addressed in the lectures earlier in the day

14.00 – 14.45 **Round 1**

14.45 – 15.30 **Round 2**

15.30 – 15.45 **Tea and coffee break**

15.45 – 16.30 **Round 3**

16.30 **Close**

DAY 2 - DISCUSSION FORUMS

DISCUSSION FORUM D

Endocrinology

Facilitated by a **Dr Angela Mijovic**, Consultant Child and Adolescent Psychiatrist, Oxleas NHS Foundation Trust, with **Dr Krystyna Matyka**, Consultant Paediatric Endocrinologist, University Hospitals Coventry and Warwickshire NHS Trust, and Senior Clinical Lecturer, University of Warwick

DISCUSSION FORUM E

Eating Disorders

Facilitated by **Dr Paul Robinson**, Consultant Psychiatrist in Eating Disorders, Russell Unit, St Ann's Eating Disorders Service, London, with **Dr Mima Simic**, Consultant, Child and Adolescent Psychiatry. Child and Adolescent Eating Disorder Service, Maudsley Hospital, London

DISCUSSION FORUM F

Update on Sexual and Reproductive Health

Facilitated by **Dr Janet Barter**, Consultant in Sexual and Reproductive Health, Enfield PCT

2nd Medical Update for the Child and Adolescent Psychiatrist

on Monday 10 and Tuesday 11 May 2010, at the Russell Square Conference Centre, Russell Square, London WC1B 5EH

Booking

2nd Medical Update for the Child and Adolescent Psychiatrist

organised by Infomed Research and Training, on **Monday 10 and Tuesday 11 May 2010** at the Russell Square Conference Centre, 10-12 Russell Square London WC1B 5EH

DELEGATE RATE

Early bookers:

(if booking **and** paying up to and including 19 Mar 10)

£445 (inc. VAT) for the two days

£275 (inc. VAT) daily rate

Standard rates

(if paying from 20 Mar 10)

£495 (inc. VAT) for the two days

£320 (inc. VAT) daily rate

Delegate rate does **not** include accommodation.

How To Book

Complete delegate and payment details, below, and fax to 020 8290 6917 or post to:

Infomed Research & Training Limited,
PO Box 1028, Bromley, BR1 9JP

You can also **BOOK ONLINE** at: www.infomedltd.co.uk

Confirmation, venue map and receipt will follow by email.

General queries: tel. 020 8123 0021,
fax 020 8290 6917,
e-mail conferences@infomedltd.co.uk

For copy of this programme: www.infomedltd.co.uk

For information on accommodation: www.infomedltd.co.uk

DELEGATE DETAILS

I will attend Both days (10-11 May 2010)

Day 1 (10 May 2010) Day 2 (11 May 2010)

Title First Name

Surname

Job Title

Hospital

Address for correspondence Home Hospital

Post Code Country

Tel

Email *

* Required for confirmation

Special needs and special dietary requirements

PAYMENT DETAILS

Please charge my credit/debit card with the sum of £

Mastercard Visa

Maestro Issue No (for Maestro)

Card holder name (exactly as it appears on the card):

Card Number

/ / /

Valid From / Expiry Date /

CVV Number

(i.e. the last 3 digits on central signature strip on reverse side of the card)

Billing name

Billing address

Signature

Please find enclosed a cheque for the amount of £ made payable to **Infomed Research and Training Limited**, PO Box 1028, Bromley BR1 9JP

By **BACS**: HSBC, London Bridge Branch, 28 Borough High Street, London SE1 1YB, Sort code: 40-06-21 Account: 81585045

GREY CASES, QUESTIONS AND ISSUES?

If you would like to submit questions in advance, feel free to do so below. **Grey cases** can be submitted by email.

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TERMS AND CONDITIONS

1) The subscription fee includes copies of the presentations, lunch and refreshments. 2) The completed booking form together with full payment must be sent to Infomed Research and Training Limited to secure a booking. Submission of this booking constitutes a legally binding agreement. 3) Payment must be received in full prior to the event. Conference details will be issued subject to receipt of payment. We cannot be held responsible for the non-arrival of registration information. If you have not heard from us within 7 days prior to the conference, please contact us. 4) Bookings can be made by telephone but payment must be made in full by credit card at time of booking. 5) Written cancellations received 6 weeks prior to the conference will be accepted and refunded minus an administration charge of £70. We regret that no refunds can be made for cancellations received after that date, for whatever reason, although substitutions will be accepted if notified in writing 5 days or more prior to the event. 6) The Company reserves the right to alter the content and the timing of the programme or the identity of the speakers due to reasons beyond the control of the organisers. 7) The Company does not accept responsibility for loss or damage to delegates' property and/or personal effects whilst at the conference.

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