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2nd Women's Health

A Medical Update for the Psychiatrist

This **unique** course is organised by **Infomed Research and Training**, on **Monday 15th March 2010**, at the **Russell Square Conference Centre, Russell Square House, London**



Programme Advisors:

Dr Jo Turner, Consultant Psychiatrist, Putney CMHT, Queen Mary's Hospital, Roehampton, Springfield UH

Dr Janet Barter, Consultant in Sexual and Reproductive Health, Enfield PCT

About this Course:

This course is aimed at **Consultants, Registrars and Staff Grades** working in **Psychiatry**. It has been revised in the light of delegates evaluation of the first course

A **busy one day** course with a **practical** focus on the assessment and management of the **more difficult Women's Health conditions in Psychiatric practice** – what you *won't* find in the textbooks.



Lectures focus on the day-to-day medical problems of women with psychiatric conditions.

Three Discussion Forums for practical discussion of grey cases in Psychiatric practice, in depth analysis of the key topics addressed in the morning lectures.

Delegate comments on the

1st Women's Medical Update:

Very informative lectures and very useful workshops, excellent speakers.

Variety of topics, pitched at the right level, knowledgeable speakers with a true interest in mental health

As the previous conference that I attended, this was well organised and to the point. Helpful Infomed staff

This course improved my confidence in dealing with female patients

Speakers obviously expert in their fields and very skilled consultants.

It did improve my knowledge, and awareness, of current issues and treatments, particularly around family planning and DV.

All Psychiatrists should attend these Updates to refresh medical knowledge.

The Faculty includes:

All consultants have a proven track record in the dissemination and teaching of medical know-how to front-line Clinicians.

Dr Alison Wren, Consultant Endocrinologist, Chelsea and Westminster Hospital, London

Dr Louise Howard, Reader in Women's Mental Health and Honorary Consultant Psychiatrist, Institute of Psychiatry

Dr Caroline Marfleet, Consultant in Sexual and Reproductive Health, Colchester Hospital University Trust

Dr Sajeeva Jayalath, Consultant Psychiatrist, Bedford West CMHT

Dr Carol Henshaw, Consultant in Perinatal Mental Health, Liverpool Women's Hospital

Dr Janet Barter, Consultant in Sexual and Reproductive Health, Enfield PCT

Programme

This is a **practical Course** with **Lectures** and **Discussion Forums** on the management of the **more difficult Women's Health conditions** that you encounter in your day-to-day practice.

08.30 – 09.15 **Registration**

09.15 – 09.30 **Welcome and introduction by Chair**

Dr Jo Turner, Consultant Liaison Psychiatrist, St Mary's Hospital, London

09.30 – 10.30

Domestic Violence

(Lecture followed by Discussion)

Dr Louise Howard, Reader in Women's Mental Health and Honorary Consultant Psychiatrist, Institute of Psychiatry

Detection
Emotional abuse
Psychological effects
Who to involve and when
Legal aspects – an update on the Law

10.30 – 11.30

Family Planning and Pregnancy Management

Dr Janet Barter, Consultant in Sexual and Reproductive Health, Enfield PCT

Planning pregnancies, contraception guidelines
Abortions – consent, mental and legal issues
Pregnancy - Teratogenicity, pharmacokinetic, and disorders
STDs - Risk management, common and uncommon manifestations, where to send them next.
Issues on HIV and psychiatric patients

11.30 – 12.00 **Tea and coffee break**

12.00 – 13.00

Update on Sexual and Reproductive Health

Dr Caroline Marfleet, Consultant in Sexual and Reproductive Health, Colchester Hospital University Trust

PMT – managing the effects
Menstrual cycle – effects on mental illness
Update on HRT and Menopause
Medical treatment for sexual dysfunction (eg. loss of libido, dyspareunia)

13.00 – 13.50 **Lunch**

Programme continued overleaf...

6 CPD Points – Certificate of Attendance

