

Running for the fifth year - the most popular



Medical Update for the General Practitioner

The practical, comprehensive and intensive two-day course for busy, hands-on GP's organised by **Infomed Research and Training**, on **Thursday 14 and Friday 15 January 2010**, at the Kingsway Hall Hotel, 66 Great Queen Street, London

ARE YOU A GP WHO IS...

- Looking for a medical update to assist in maintaining a high level of evidence based decision-making in patient care?
- Ready for a refresher course to help answer the difficult medical questions faced in day to day practice?
- Preparing for appraisal?
- Coming back from maternity leave or just been appointed?

... THEN THIS IS THE COURSE FOR YOU!



YOU WILL BENEFIT FROM 16 LECTURES AND Q&A ON:

- Neurology Psychiatry Cardiology Men's Health
- Medico-Legal Women's Health Children's Health
- Teenagers Obesity Dermatology Elderly
- Respiratory Medicine Gastroenterology
- Diabetology and Endocrinology Musculoskeletal

OUR FACULTY OF 16 EXPERTS INCLUDES

- **Dr Luke Howard**, Consultant Chest Physician, Hammersmith Hospital, London
- **Dr Robert Weeks**, Consultant Neurologist, King's College Hospital, London
- **Dr Rachel Pryke**, General Practitioner, Winyates Health Centre, Redditch
- **Dr Anshoo Sahota**, Consultant Dermatologist, Whipps Cross University Hospital, London
- **Dr Alison Wren**, Consultant Endocrinologist, Chelsea and Westminster Hospital, London
- **Dr Janet Barter**, Consultant in Sexual and Reproductive Health, Enfield PCT
- **Dr Simon Holmes**, Consultant Urologist, Portsmouth Hospitals NHS Trust
- **Dr Pat O'Callaghan**, Consultant Cardiologist, Barts and The London NHS Trust
- **Miss Michelle Fynes**, Director, Department of Urogynaecology & Pelvic Floor Reconstruction, St Georges Hospital, London
- **Dr Claire Macaulay**, Medico Legal Advisor, MDU Services Limited



WHAT DELEGATES SAID ABOUT THE PREVIOUS UPDATES

Excellent - great balance of interesting topics, central London, two days of intensive work.

Lots of positive points learnt from lecturers.

Wide range of topics, smoothly run, excellent mix of consultants and GP's delivering lectures, good atmosphere.

Volume of knowledge passed on, short duration of each topic- easier to maintain concentrated.

Practical approach by all speakers, a true update. Reminded me of some info I knew, and gave me new facts.

Very good speakers, relevant lectures, Q&A sessions very helpful.

Will influence my ongoing clinical practice.

Left with more confidence – more management less referral!

Great variety of subjects relevant to GPs.

Wide scope of specialities, high standard of presentations.

Good to have all presentations on the CD

Certificate of Attendance will be issued

DAY 1: Thursday 14 January 2010

08.45 – 09.30 **Registration, tea and coffee**

09.30 – 09.45 **Welcome and introduction by chair**

09.45 – 10.30

Neurology

Dr Robert Weeks,

Consultant Neurologist, King's College Hospital, London

Topics to be included:

- Migraine and other headaches – treatment and management
- Epilepsy
- Small strokes and TIA's
- Parkinson's – potential pitfalls

10.30 – 11.15

Psychiatry

Dr Sajeeva Jayalath

Consultant Psychiatrist, Bedford West CMHT

Topics to be included:

- Treatment of depression
- Managing anxiety states and OCD
- Management of medically unexplained symptoms

11.15 – 11.45

Tea and coffee break

11.45 – 12.30

Medico-Legal

Dr Claire Macaulay,

Medico Legal Advisor, MDU Services Limited

Topics to be included:

- Latest GMC regulations
- How to avoid litigation
- Clinical cases – lessons to be learned
- Criminal vs. civil

12.30 – 13.15

Teenagers

Dr Janet Barter

Consultant in Sexual and Reproductive Health, Enfield PCT

Topics to be included:

- Sexual health (Chlamydia screening, STDs)
- Human papillomavirus and cervical cancer
- Mental health
- Communications, confidentiality and consent

13.15 – 14.00

Lunch

14.00 – 14.45

Tackling Obesity

Dr Rachel Pryke,

General Practitioner,
Winyates Health Centre, Redditch

Topics to be included:

- Common metabolic and endocrine sequelae
- Review of evidence behind current approaches
- Recommended practice and referral pathways
- Management options
- Eating disorders - brief update summary

14.45 – 15.30

Children's Health

Dr Sarah Thurlbeck

Consultant in Ambulatory Paediatrics, Children's Outpatients, St George's Hospital, London

Topics to be included:

- Vomiting babies
- Childhood rashes
- Allergy testing
- Murmurs
- Immunisation

15.30 – 16.00

Tea and coffee break

16.00 – 16.45

Women's Health

Miss Michelle M Fynes

Director of The Department of Urogynaecology & Pelvic Floor Reconstruction, St Georges Hospital, London

Topics to be included:

- Dysmenorrhoea
- Menopause management
- Incontinence
- HRT
- Referral of adolescents

16.45 – 17.30

Men's Health

Dr Simon Holmes

Consultant Urologist,
Portsmouth Hospitals NHS Trust

Topics to be included:

- Lower urinary tract symptoms
- Prostate
- PSA and other screening
- Impotence
- Male UT infections

17.30

Close

DAY 2: Friday 15 January 2010

08.45 – 09.30 **Registration, tea and coffee**

09.30 – 09.45 **Welcome and introduction by chair**

09.45 – 10.30

Ultrasound for the GP

Mr David Lewis

Consultant in Emergency Medicine,
Ipswich Hospital

10.30 – 11.15

Respiratory Medicine

Dr Luke Howard

Consultant Chest Physician,
Hammersmith Hospital, London

Topics to be included:

- COPD
- The breathless patient
- Asthma
- Cough
- Spirometry

11.15 – 11.45 **Tea and coffee break**

11.45 – 12.30

Cardiology

Dr Pat O'Callaghan

Consultant Cardiologist
Barts and The London NHS Trust

Topics to be included:

- Funny turns and blackouts
- AF/multiple ectopic
- Breathlessness – when to suspect the heart
- Atypical chest pain

12.30 – 13.15

Gastroenterology

Dr George Webster

Consultant Gastroenterologist,
University College Hospital, London

Topics to be included:

- Chronic diarrhoea
- Abnormal liver function tests
- Dyspepsia
- Small haematemesis
- Chronic abdominal pain (e.g. IBS and diberticulosis)
- Rectal bleeding

13.15 – 14.00 **Lunch**

14.00 – 14.45

Diabetology and Endocrinology

Dr Alison Wren

Consultant Endocrinologist
Chelsea and Westminster Hospital, London

Topics to be included:

- How to achieve diabetic control in type 2 diabetes
- Insulin vs. triple therapy
- Kidneys and Blood Pressure
- Diabetic dyslipidaemia
- Grey areas in thyroid

14.45 – 15.30

Dermatology

Dr Anshoo Sahota

Consultant Dermatologist,
Whipps Cross University Hospital, London

Topics to be included:

- Psoriasis
- Eczema
- Acne
- Moles

15.30 – 15.45 **Tea and coffee break**

15.45 – 16.30

Elderly

Dr Frances Dockery

Consultant Physician, Dept of Ageing & Health,
St. Thomas's Hospital, London

Topics to be included:

- Osteoporosis
- Mobility, falls, Syncope
- Comprehensive Geriatric Assessment
(eg. vision, hearing, memory, etc)

16.30 – 17.15

Musculoskeletal

Dr Tom Crisp

Sports and Orthopaedic Physician,
Springfield Hospital, Chelmsford

Topics to be included:

- Hips and knees
- Back and shoulder pain
- Tendons
- Tennis elbow

17.15 **Close**

Booking Form

5th Medical Update for the GP

The practical, comprehensive and intensive two-day Course for busy, hands-on GP's

Organised by Infomed Research and Training,
On Thursday 14 and Friday 15 January 2010,
at the Kingsway Hall Hotel, 66 Great Queen Street,
London WC2B 5BX

COURSE FEE

£450 (incl. VAT) for the two days. **
£285 (incl. VAT) daily rate.

** Rate applies also to any **single booking** for
two GP's each attending different days

Course fee does not include accommodation.

HOW TO REGISTER

Complete delegate and payment details, below,
and fax to **+44 (0)20 8290 6917** or post to:

Infomed Research & Training Limited,
PO BOX 1028, Bromley BR1 9JP

Alternatively, **BOOK ONLINE** at www.infomedltd.co.uk

Confirmation, venue location map and receipt will be
sent to you **by email**.

General queries: **tel. 020 8123 0021**
e-mail: courses@infomedltd.co.uk

For information on accommodation: www.infomedltd.co.uk

DELEGATE DETAILS

I will attend **Both days** (14 Jan 09 and 15 Jan 2010)

Day 1 only (Thu 14 Jan 10) **Day 2** only (Fri 15 Jan 10)

Title First Name

Surname

Job Title

Practice Name, Town

Address for correspondence Home Practice

.....

Post Code Country

Tel

Email *

* Required for confirmation

Please inform Infomed if you have any special needs

PAYMENT DETAILS

Please charge my credit/debit card with the sum of £

Mastercard Visa Maestro Issue No

Card holder name:

Card Number

/ / /

Valid From / Expiry Date /

CVV Number
(i.e. the last 3 digits on central signature strip on reverse side of the card)

Please find enclosed a cheque for the amount of £
made payable to Infomed Research & Training Ltd

By **BACS**: HSBC, London Bridge Branch,
28 Borough High Street, London SE1 1YB,
Sort code: 40-06-21 Account: 81585045

Please **invoice** my organisation:
quoting Ref/Order No
(Purchase Order No. is **required**)

Invoicing details, including the **name**, contact **number**
and **address** of the **person responsible for payment**:

Name

Department

Organisation

Address

.....

.....

..... Post Code

Tel

Email

TERMS AND CONDITIONS

1) The subscription fee includes CD with presentations, lunch and refreshments. 2) The completed booking form together with full payment must be sent to Infomed Research and Training Limited to secure a booking. Submission of this booking constitutes a legally binding agreement. 3) Payment must be received in full prior to the event. Course details will be issued subject to receipt of payment. We cannot be held responsible for the non-arrival of registration information. If you have not heard from us within 7 days prior to the Course, please contact us. 4) Bookings can be made by telephone but payment must be made in full by credit card at time of booking. 5) Written cancellations received 6 weeks prior to the Course will be accepted and refunded minus an administration charge of £70. We regret that no refunds can be made for cancellations received after that date, for whatever reason, although substitutions will be accepted if notified in writing 5 days or more prior to the event. 6) The Company reserves the right to alter the date, content and timing of the programme or the identity of the speakers due to reasons beyond its control. Under these circumstances, The Company will not refund delegates any expenditure made on pre-booked accommodation or travelling. 7) The Company does not accept responsibility for loss/damage delegates' property/personal effects whilst at the Course.

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