

**Building on the success of the last three years  
and in response to popular demand!**

# 4th Medical Update for the Psychiatrist

A **must attend** practical Course with Lectures and Discussion Forums  
This **unique** course is organised by Infomed Research and Training,  
on **Wednesday 17 and Thursday 18 June 2009**,  
at Hammersmith Conference Centre, Hammersmith Hospital, **London**

**Also 2nd Neurology Update  
for the Psychiatrist  
Friday 19<sup>th</sup> June 2009**

at the same Hammersmith venue  
More details below and in this link  
[www.infomedltd.co.uk/neurology](http://www.infomedltd.co.uk/neurology)  
You can attend both courses for a  
**discounted price**. Please book on  
line or call 020 8123 0021.

## Programme Advisor:

- **Dr Steven Reid**, Consultant Liaison Psychiatrist,  
St Mary's Hospital, London

Up to 12 (6 per day)  
CPD points available  
Certificate of Attendance  
will be given

**Early  
Bookers  
Discount!**  
Book before  
24 April 2009

## About this well established Course:

- Aimed at **Consultants, Registrars and Staff Grades** working in **Psychiatry**
- A **practical** focus on the management of **difficult medical disorders** relevant to **Psychiatric practice** – what you *won't* find in the textbooks
- **Submit** or bring your **own real grey cases** for discussion in the **Forums**
- Focuses on the day-to-day medical problems that the Psychiatrist needs to deal with
- **Lectures by leading Physicians** with a proven track record in the dissemination of medical know-how to front-line Clinicians
- **Eight Discussion Forums** for detailed, practical discussion of grey cases in Psychiatric practice, in the clinic or on the wards, involving the medical specialities addressed in the lectures earlier in the day – in depth analysis of real life cases provided by hands-on Psychiatrists
- You may also consider attending the **2nd Neurology Update for the Psychiatrist**. A practical course that focuses on the assessment and management of difficult medical neurological disorders. Discounted rates for attending both courses are available. **See Box below.**

## What attendees said about the previous Updates:

- *High quality lectures, great range of topics and excellent speakers.*
  - *Lots of time for discussion and fantastic up to date info.*
- *I had been trying to find a course like this for ages – I came after positive feedback from colleagues*
  - *Well planned and organised – discussion forums are a great idea.*
    - *Relevant to my practice – focus on key problems.*
    - *Course well structured – clinical relevance and clarity*
      - *A Psychiatrist for 10 years and never had a medical update - glad I came to this!*
- *I think all Psychiatrists should attend this Update to refresh medical knowledge.*
- *Great variety of good topics – proactive and informative.*

## Faculty of specialists and psychiatrists includes:



- **Dr George Webster**, Consultant Gastroenterologist, University College Hospital, London
- **Dr Anjana Siva**, Consultant Cardiologist, Portsmouth Hospitals NHS Trust
- **Dr Alison Wren**, Consultant Endocrinologist, Chelsea and Westminster Hospital, London
- **Dr Janet Barter**, Consultant in Sexual & Reproductive Health, Enfield PCT
- **Dr Tim von Oertzen**, Consultant Neurologist, St George's Hospital, London
- **Dr Jon Poole**, Consultant Occupational Physician, Dudley PCT
- **Dr Sajeeva Jayalath**, Consultant Psychiatrist, Bedford West CMHT
- **Dr Catherine Walsh**, Consultant Liaison Psychiatrist, Addenbrooke's Hospital, Cambridge
- **Dr Max Henderson**, Consultant Liaison Psychiatrist, Kings College Hospital & Maudsley Hospital, Lecturer in Liaison Psychiatry, Institute of Psychiatry
- **Dr Jo Turner**, Consultant Psychiatrist, South West London and St George's Mental Health NHS Trust
- **Dr Andy Kent**, Consultant Psychiatrist and Reader in Psychiatry, St George's, University of London

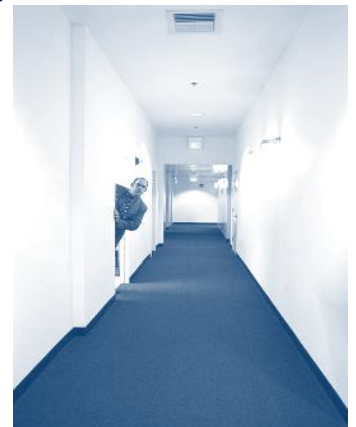
## 2nd Neurology Update for the Psychiatrist

This **unique** one day course takes place on **Friday 19<sup>th</sup> June 2009**  
at Hammersmith Hospital Conference Centre, London

### Four Lectures and Discussion Forums:

- **Neurological Examination & Investigations**
- **Movement Disorders, Demyelination and Degenerative Disorders**
- **EEG, Epilepsy & Neuropsychiatry**
- **Neuro-Imaging in Psychiatry**

For further details here is the link [www.infomedltd.co.uk/neurology](http://www.infomedltd.co.uk/neurology)  
You can attend this course and the above 4<sup>th</sup> Medical Update for a **discounted price**.  
Please call 020 8123 0021 or email [AnnaS@infomedltd.co.uk](mailto:AnnaS@infomedltd.co.uk) or book online.



**Book Online at [www.infomedltd.co.uk](http://www.infomedltd.co.uk) or call ☎ 020 8123 0021**

## DAY 1: Wednesday 17 June 2009

08.30 – 09.15 **Registration**

09.15 – 09.30 **Welcome and introduction**

### Morning Session

Chaired by **Dr Steven Reid**,  
Consultant Liaison Psychiatrist, St Mary's Hospital, London

09.30 – 10.15

### Neurology: Guide to Neurological Investigation

**Dr Tim von Oertzen**,  
Consultant Neurologist,  
St George's Hospital, London

- The 5-minute neuro exam
- When to ask for neuroimaging – critical investigations
- Epilepsy and the psychiatrist
- Dementia, Parkinson's – potential pitfalls
- Antipsychotic drugs and seizures

10.15 – 11.00

### Perinatal Health

**Dr Andy Kent**,  
Consultant Psychiatrist and Reader in Psychiatry,  
St George's, University of London

Sample of topics to be included:

- Mental illness related to childbearing
- Management of pregnant women with mental health problems
- Psychotropic medication in pregnancy and lactation
- NICE guidelines on antenatal and postnatal mental health
- Perinatal mental health services

11.00 – 11.30 **Tea and coffee break**

11.30 – 12.15

### HIV

**Dr Alan Winston**,  
Consultant Physician and Clinical Senior Lecturer in HIV & GU  
Medicine, Imperial College Healthcare NHS Trust

Sample of topics to be included:

- HIV/AIDS – epidemiology and clinical presentation
- HIV/AIDS – neuropsychiatric complications
- Treatment of HIV – antiretrovirals – psychological sequelae and interactions
- Adherence to treatment
- Ethical and legal issues of HIV in mental illness

12.15 – 13.00

### Occupational Medicine

**Dr Jon Poole**,  
Consultant Occupational Physician,  
Dudley Primary Care Trust

Sample of topics to be included:

- Capacity for work, capacity to drive
- Occupational mental illness
- Rehabilitation
- Illness deception

13.00 – 14.00 **Lunch**

### Four Discussion Forums

Delegates split into four groups. Each group rotates through the four Discussion Forums, A, B, C and D, so **each delegate attends every Forum**.

Each Forum involves detailed, practical discussion of grey cases in Psychiatric practice, in the clinic or on the wards, involving the medical specialities addressed in the lectures earlier in the day – in depth analysis of real life cases provided by hands-on Psychiatrists who ask: **what should a Psychiatrist do next?**

14.00 – 14.45 **Round 1**

14.45 – 15.30 **Round 2**

15.30 – 15.45 **Tea and coffee break**

15.45 – 16.30 **Round 3**

16.30 – 17.15 **Round 4**

17.15 **Close**

## THE DISCUSSION FORUMS, DAY 1

### DISCUSSION FORUM A

#### Neurology: Guide to Neurological Investigation

Facilitated by **Dr Tim von Oertzen**,  
Consultant Neurologist, St George's Hospital, London

### DISCUSSION FORUM B

#### Perinatal Mental Health

Facilitated by **Dr Jo Turner**, Consultant Psychiatrist,  
South West London and St George's Mental Health NHS Trust,  
with **Dr Andy Kent**, Consultant Psychiatrist,  
and Reader in Psychiatry, St George's, University of London

### DISCUSSION FORUM C

#### HIV

Facilitated by **Dr Angharad Ruttle**, Locum Consultant in  
Liaison Psychiatry, Department of Liaison Psychiatry,  
Hammersmith Hospital with **Dr Alan Winston**,  
Consultant Physician and Clinical Senior Lecturer in HIV & GU  
Medicine, Imperial College Healthcare NHS Trust

### DISCUSSION FORUM D

#### Occupational Medicine

Facilitated by **Dr Max Henderson**, Consultant Liaison  
Psychiatrist, Kings College Hospital & Maudsley Hospital, with  
**Dr Jon Poole**, Consultant Occupational Physician, Dudley PCT

## DAY 2: Thursday 18 June 2009

08.45 – 09.30 **Registration**

09.30 – 09.45 **Welcome and introduction**

### Morning Session

Chaired by **Dr Steven Reid**,  
Consultant Liaison Psychiatrist, St Mary's Hospital, London

09.45 – 10.30

### Update on Sexual and Reproductive Health

**Dr Janet Barter**, Consultant in Sexual and  
Reproductive Health, Enfield PCT

Sample of topics to be included:

- PMT – managing the effects
- Menstrual cycle – effects on mental illness
- Update on HRT and Menopause
- Medical treatment for sexual dysfunction  
(eg. loss of libido, dyspareunia)

10.30 – 11.15

### Endocrinology

**Dr Alison Wren**,  
Consultant Endocrinologist,  
Chelsea and Westminster Hospital, London

Sample of topics to be included:

- Link between diabetes and schizophrenia including the role of  
antipsychotic medications
- Management of diabetes and cardiovascular risk in patients  
with severe mental illness
- A pragmatic approach to managing diabetes and CVD in SMI
- Management of common side effects of psychiatric medications

11.15 – 11.45 **Tea and coffee break**

11.45 – 12.30

### Cardiovascular Issues

**Dr Anjana Siva**,  
Consultant Cardiologist, Portsmouth Hospitals NHS Trust

Sample of topics to be included:

- Identifying problems on the ECG
- Psychotropic medication and the heart
- Chest pain – when to take it further?
- Sudden death syndromes
- Problems with clozapine
- Management of common side effects of psychiatric medications

12.30 – 13.15

### Hepatology

**Dr George Webster**,  
Consultant Gastroenterologist,  
University College Hospital, London

Sample of topics to be included:

- Hep B, Hep C and treatment with interferon
- Abnormal LFT's – what do they mean?
- Anti-depressants and liver disease
- Liver transplants – pointers for psychiatric assessment
- Paracetamol
- Management of common side effects of psychiatric medications

13.15 – 14.15 **Lunch**

### Four Discussion Forums

Delegates split into four groups. Each group rotates through  
the four Discussion Forums, *E, F, G* and *H*, so **each delegate  
attends every Forum**.

Each Forum involves detailed, practical discussion of grey  
cases in Psychiatric practice, in the clinic or on the wards,  
involving the medical specialities addressed in the lectures  
earlier in the day – in depth analysis of real life cases provided  
by hands-on Psychiatrists who ask: **what should a  
Psychiatrist do next?**

14.15 – 15.00 **Round 1**

15.00 – 15.45 **Round 2**

15.45 – 16.00 **Tea and coffee break**

16.00 – 16.45 **Round 3**

16.45 – 17.30 **Round 4**

17.30 **Collect Certificate of Attendance and Close**

## THE DISCUSSION FORUMS, DAY 2

### DISCUSSION FORUM E

#### Update on Sexual and Reproductive Health

Facilitated by **Dr Edwina Williams**, Consultant Perinatal  
Psychiatrist, University College London Hospital with  
**Dr Janet Barter**, Consultant in Sexual and  
Reproductive Health, Enfield PCT

### DISCUSSION FORUM F

#### Endocrinology

Facilitated by **Dr Sajeeva Jayalath**, Consultant Psychiatrist,  
Bedford West CMHT with **Dr Alison Wren**, Consultant  
Endocrinologist, Chelsea and Westminster Hospital, London

### DISCUSSION FORUM G

#### Cardiovascular Issues

Facilitated by a Consultant Psychiatrist (Name TBC)  
with **Dr Anjana Siva**, Consultant Cardiologist, Portsmouth  
Hospitals NHS Trust

### DISCUSSION FORUM H

#### Hepatology

Facilitated by  
**Dr Catherine Walsh**, Consultant Liaison Psychiatrist,  
Addenbrooke's Hospital, Cambridge  
with **Dr George Webster**, Consultant Gastroenterologist,  
University College Hospital, London

Booking

4th Medical Update for the Psychiatrist

organised by Infomed Research and Training, on Wednesday 17 and Thursday 18 June 2009 at Hammersmith Conference Centre, Hammersmith Hospital, Du Cane Road, London W12 0HS

DELEGATE RATE

Early bookers:

(if booking and paying up to and including 24 April 09)

£445 (incl. VAT) for the two days

£275 (incl. VAT) daily rate.

Standard rates (if paying from 25 April 09)

£495 (incl. VAT) for the two days

£320 (incl. VAT) daily rate.

Single delegate rate for attending both courses:

1. 4th Medical Update (17-18 June 09)

2. Neurology Update (19 June 09)

£695 (incl. VAT) for the three days

Delegate rate does not include accommodation.

How To Book

Complete delegate and payment details, below, and fax to 020 8228 1298 or post to:

Infomed Research & Training Limited, PO Box 1028, Bromley, BR1 9JP

You can also BOOK ONLINE at: www.infomedltd.co.uk

Confirmation, venue map and receipt will follow by email.

General queries: tel. 020 8123 0021, fax 020 8290 6917, e-mail conferences@infomedltd.co.uk

For copy of this programme: www.infomedltd.co.uk

For information on accommodation: www.infomedltd.co.uk

DELEGATE DETAILS

I will attend Both days (17-18 Jun 09) Day 1 (17 Jun 09) Day 2 (18 Jun 09) Neurology (19 Jun 09)

Title First Name

Surname

Job Title

Hospital

Address for correspondence Home Hospital

Post Code Country

Tel

Email \* Required for confirmation

Special needs and special dietary requirements

PAYMENT DETAILS

Please charge my credit/debit card with the sum of £

Mastercard Visa

Maestro Issue No (for Maestro)

Card holder name (exactly as it appears on the card):

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Please find enclosed a cheque for the amount of £ made payable to Infomed Research and Training Limited, PO Box 1028, Bromley BR1 9JP

By BACS: HSBC, London Bridge Branch, 28 Borough High Street, London SE1 1YB, Sort code: 40-06-21 Account: 81585045

GREY CASES, QUESTIONS AND ISSUES?

If you would like to submit questions in advance, feel free to do so below. Grey cases can be submitted by email.

TERMS AND CONDITIONS

1) The subscription fee includes copies of the presentations, lunch and refreshments. 2) The completed booking form together with full payment must be sent to Infomed Research and Training Limited to secure a booking. Submission of this booking constitutes a legally binding agreement. 3) Payment must be received in full prior to the event. Conference details will be issued subject to receipt of payment. We cannot be held responsible for the non-arrival of registration information. If you have not heard from us within 7 days prior to the conference, please contact us. 4) Bookings can be made by telephone but payment must be made in full by credit card at time of booking. 5) Written cancellations received 6 weeks prior to the conference will be accepted and refunded minus an administration charge of £70. We regret that no refunds can be made for cancellations received after that date, for whatever reason, although substitutions will be accepted if notified in writing 5 days or more prior to the event. 6) The Company reserves the right to alter the content and the timing of the programme or the identity of the speakers due to reasons beyond the control of the organisers. 7) The Company does not accept responsibility for loss or damage to delegates' property and/or personal effects whilst at the conference.

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