

Running for the fourth year - the most popular

# Medical Update for the General Practitioner

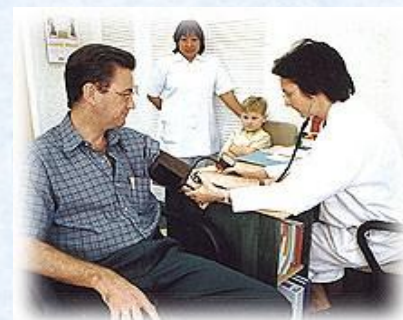


The practical, comprehensive and intensive two-day conference for busy, hands-on GP's organised by **Infomed Research and Training**, on **Monday 26 and Tuesday 27 January 2009**, at LGA Conference Centre, Local Government House, Smith Square, London SW1P 3HZ

## ARE YOU A GP WHO IS...

- Looking for a medical update to assist in maintaining a high level of evidence based decision-making in patient care?
- Ready for a refresher course to help answer the difficult medical questions faced in day to day practice?
- Preparing for appraisal?
- Coming back from maternity leave or just been appointed?

**... THEN THIS IS THE COURSE FOR YOU!**



## 16 LECTURES BY 16 EXPERTS

- Neurology  Psychiatry  Cardiology
- Medico-Legal  Women's Health  Men's Health
- Teenagers  Obesity and Eating Disorders
- Dermatology  Respiratory Medicine
- Diabetology and Endocrinology  Gastroenterology
- Elderly  Children's Health
- Tropical Medicine  Musculoskeletal

## YOU WILL BENEFIT FROM A FACULTY OF 16 CONSULTANTS AND SPECIALIST GPs INCLUDING



- **Dr Dick Churchill**, GP and Associate Professor of Primary Care, University of Nottingham
- **Dr Steve Reid**, Consultant Liaison Psychiatrist, St Mary's Hospital, London
- **Dr Neil Andrews**, Consultant Cardiologist, St Mary's Hospital, Portsmouth
- **Dr Tom Lloyd**, Medico-legal Adviser, Medical Protection Society
- **Dr Iain Cranston**, Consultant Endocrinologist, Portsmouth Hospitals NHS Trust
- **Dr Chris Clough**, Consultant Neurologist, King's College Hospital, London
- **Mr Simon Holmes**, Consultant Urologist, Portsmouth Hospitals NHS Trust
- **Dr Luke Howard**, Consultant Chest Physician, Hammersmith Hospital, London
- **Dr Tina Sajjanhar**, Consultant Paediatrician, University Hospital Lewisham, London

## WHAT DELEGATES SAID ABOUT THE PREVIOUS UPDATES

*Excellent - great balance of interesting topics, central London, two days of intensive work.*

*Excellent course as I am considering return to clinical practice.*

*Wide range of topics, smoothly run, excellent mix of consultants and GP's delivering lectures, good atmosphere.*

*Precise lecturers. Kept to time. Good content and variety of lectures.*

*Practical approach by all speakers, varied presentations - a true update. Reminded me of some info I know and gave me new facts.*

*Very good speakers, relevant lectures, Q&A sessions very helpful.*

*Will influence my ongoing clinical practice.*

*Left with more confidence - more management less referral!*

*Great variety of subjects relevant to GPs.*

*Wide scope of specialities, high standard of presentations.*

*Whole two days was excellent.*

*Good to have all presentations on the CD.*

Certificate of Attendance will be given

## DAY 1: Monday 26 January 2009

08.45 – 09.30 **Registration, tea and coffee**

09.30 – 09.45 **Welcome and introduction by chair**

09.45 – 10.30

### Neurology

**Dr Chris Clough,**  
Consultant Neurologist, King's College Hospital, London

Topics to be included:

- The neuro exam
- Headaches
- Small strokes and TIA's
- Epilepsy
- Parkinson's and MS – potential pitfalls

10.30 – 11.15

### Psychiatry

**Dr Steve Reid,**  
Consultant Liaison Psychiatrist,  
St Mary's Hospital, London

Topics to be included:

- Treatment of depression
- Managing anxiety states and OCD
- Management of medically unexplained symptoms

11.15 – 11.45 **Tea and coffee break**

11.45 – 12.30

### Cardiology

**Dr Neil Andrews,**  
Consultant Cardiologist,  
St Mary's Hospital, Portsmouth

Topics to be included:

- Funny turns and blackouts
- AF/multiple ectopics
- Breathlessness – when to suspect the heart
- Atypical chest pain

12.30 – 13.15

### Medico-Legal

**Dr Tom Lloyd,**  
Medico-legal Adviser, Medical Protection Society

Topics to be included:

- Latest GMC regulations
- How to avoid litigation
- Clinical cases – lessons to be learned
- Criminal vs. civil

13.15 – 14.00 **Lunch**

14.00 – 14.45

### Women's Health

**Miss Joan Pitkin,**  
Consultant Gynaecologist,  
Northwick Park Hospital, Harrow

Topics to be included:

- Dysmenorrhoea
- Menopause management
- Incontinence
- HRT

14.45 – 15.30

### Men's Health

**Mr Simon Holmes,**  
Consultant Urologist,  
Portsmouth Hospitals NHS Trust

Topics to be included:

- Lower urinary tract symptoms
- Prostate
- PSA and other screening
- Impotence
- Male UT infections

15.30 – 16.00 **Tea and coffee break**

16.00 – 16.45

### Teenagers

**Dr Dick Churchill,**  
General Practitioner and  
Associate Professor of Primary Care,  
University of Nottingham

Topics to be included:

- Sexual health (HPV, chlamydia screening)
- Mental health
- Acne
- Communications, confidentiality and consent

16.45 – 17.30

### Obesity and Eating Disorders

**Dr Rachel Pryke,**  
General Practitioner,  
Winyates Health Centre, Redditch

Topics to be included:

- The latest on obesity and ED
- Most common metabolic and endocrine sequelae
- Evidence (or lack of) behind current approaches
- Recommended practice and referral pathways
- Management of medical symptoms and medicines

17.30

**Close**

## DAY 2: Tuesday 27 January 2009

08.45 – 09.30 **Registration, tea and coffee**

09.30 – 09.45 **Welcome and introduction by chair**

09.45 – 10.30

### **Dermatology**

**Dr Anshoo Sahota,**  
Consultant Dermatologist,  
Whipps Cross University Hospital, London

Topics to be included:

- Psoriasis
- Eczema
- Acne
- Moles

10.30 – 11.15

### **Respiratory Medicine**

**Dr Luke Howard,**  
Consultant Chest Physician,  
Hammersmith Hospital, London

Topics to be included:

- COPD
- The breathless patient
- Asthma
- Cough
- Spirometry

11.15 – 11.45 **Tea and coffee break**

11.45 – 12.30

### **Diabetology and Endocrinology**

**Dr Iain Cranston,**  
Consultant Endocrinologist,  
Portsmouth Hospitals NHS Trust

Topics to be included:

- How to achieve diabetic control in type 2 diabetes
- Insulin vs. triple therapy
- Kidneys and Blood Pressure
- Diabetic dyslipidaemia
- Grey areas in thyroid

12.30 – 13.15

### **Gastroenterology**

**Dr George Webster,**  
Consultant Gastroenterologist,  
University College Hospital, London

Topics to be included:

- Chronic diarrhoea
- Abnormal liver function tests
- Dyspepsia
- Small haematemesis
- Chronic abdominal pain (e.g. IBS and tuberculosis)
- Rectal bleeding

13.15 – 14.00 **Lunch**

14.00 – 14.45

### **Elderly**

**Dr Adrian Wagg,**  
Consultant in Elderly Medicine,  
University College Hospital, London

Topics to be included:

- Strokes
- Mental health
- Muscles and bones
- Ekbom syndrome
- Vision and hearing
- Medicine management

14.45 – 15.30

### **Children's Health**

**Dr Tina Sajjanhar,**  
Consultant Paediatrician,  
University Hospital Lewisham, London

Topics to be included:

- Vomiting babies
- Childhood rashes
- Allergy testing
- Murmurs
- Immunisation

15.30 – 16.00 **Tea and coffee break**

16.00 – 16.30

### **Tropical Medicine**

**Dr Tom Doherty,**  
Consultant in Infectious and Tropical Diseases,  
University College London Hospitals NHS Foundation Trust

Topics to be covered:

- Fever in travellers
- Diarrhoea

16.30 – 17.15

### **Musculoskeletal**

**Dr Tom Crisp,**  
Sports and Orthopaedic Physician,  
Springfield Hospital, Chelmsford

Topics to be included:

- Hips and knees
- Back and shoulder pain
- Tendons
- Tennis elbow

17.15 **Close**

## Booking

### 4th Medical Update for the GP

#### The practical, comprehensive and intensive two-day conference for busy, hands-on GP's

organised by Infomed Research and Training,  
on Monday 26 and Tuesday 27 January 2009,  
at LGA Conference Centre, Local Government House,  
Smith Square, London SW1P 3HZ

#### COURSE FEE

**Early bookers** (if booking *and* paying before 12 Dec 08)  
**£410** (incl. VAT) **for the two days.** \*\*  
**£245** (incl. VAT) **daily rate.**

**Standard rates** (if paying after 12 Dec 08)  
**£435** (incl. VAT) **for the two days.** \*\*  
**£270** (incl. VAT) **daily rate.**

\*\* Rate applies also to any **single booking** for  
**two GP's each attending a different day**

Course fee does **not** include accommodation.

#### HOW TO REGISTER

Complete delegate and payment details, below,  
and fax to 020 8228 1298 or post to:

Infomed Research & Training Limited, Suite 3.6,  
Broadway House, 3 High Street, Bromley BR1 1LF

Alternatively, **BOOK ONLINE** at [www.infomedltd.co.uk](http://www.infomedltd.co.uk).

Confirmation, venue location map and receipt will be  
sent to you **by email**.

General queries: tel. 020 8228 1295, fax 020 8228 1298,  
e-mail [conferences@infomedltd.co.uk](mailto:conferences@infomedltd.co.uk)

For information on accommodation: [www.infomedltd.co.uk](http://www.infomedltd.co.uk)

#### DELEGATE DETAILS

I will attend  **Both days** (26 Jan 09 and 27 Jan 09)

**Day 1** only (Mon 26 Jan 09)  **Day 2** only (Tue 27 Jan 09)

Title ..... First Name .....

Surname .....

Job Title .....

Practice Name, Town .....

Address for correspondence  Home  Practice  
.....  
.....

Post Code ..... Country .....

Tel .....

Email \* .....

\* Required for confirmation

Please inform Infomed if you have any special needs

#### PAYMENT DETAILS

Please charge my credit/debit card with the sum of £ .....

Mastercard  Visa  Maestro Issue No

Card holder name: .....

Card Number

/     /     /

Valid From   /   Expiry Date   /

CVV Number

(i.e. the last 3 digits on central signature strip on reverse side of the card)

Please find enclosed a cheque for the amount of £.....  
made payable to Infomed Research & Training Ltd

By **BACS**: HSBC, London Bridge Branch,  
28 Borough High Street, London SE1 1YB,  
Sort code: 40-06-21 Account: 81585045

Please **invoice** my organisation:  
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and **address** of the **person responsible for payment**:

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Department .....

Organisation .....

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#### TERMS AND CONDITIONS

1) The subscription fee includes copies of the presentations, lunch and refreshments. 2) The completed booking form together with full payment must be sent to Infomed Research and Training Limited to secure a booking. Submission of this booking constitutes a legally binding agreement. 3) Payment must be received in full prior to the event. Conference details will be issued subject to receipt of payment. We cannot be held responsible for the non-arrival of registration information. If you have not heard from us within 7 days prior to the conference, please contact us. 4) Bookings can be made by telephone but payment must be made in full by credit card at time of booking. 5) Written cancellations received 6 weeks prior to the conference will be accepted and refunded minus an administration charge of £70. We regret that no refunds can be made for cancellations received after that date, for whatever reason, although substitutions will be accepted if notified in writing 5 days or more prior to the event. 6) The Company reserves the right to alter the content and the timing of the programme or the identity of the speakers due to reasons beyond the control of the organisers. 7) The Company does not accept responsibility for loss or damage to delegates' property and/or personal effects whilst at the conference.

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